

The Best Bowling Tip I've Ever Received

By Ron Smith



At last year's PBA Manassas Senior Open, I bowled well during qualifying and actually reached match play. But in my first match [against Karl Wolf of Saratoga Springs, N.Y.], I struggled the first two games, and I was told by two friends—Larry Jones and James Gaskill—what I often hear when I'm bowling bad: My feet were too fast. Whenever I slow my feet down, I seem to bowl much better.

So I focused on slowing down my feet and bounced back with a solid effort in my third game, but my opponent outscored me once again, and my tournament was over.

When you lose at that level of competition but understand at least one reason why you lost, I believe that will help you become a better bowler in the long run.

Ron Smith, who rolled his second perfect game of 2005 in the Saturday Night Mixers at Bowl America Shirley on September 17, reached the Round of 8 at the recent PBA East Region Fort Meade Senior Open.