

The best bowling tip I ever received

By Noel Dysart



Last year in May, Storm sent a team to our bowling center to run an event for the Wounded Warriors. A key member of the team was Peter Somoff, who just this month earned his USBC Gold Coaching credentials. He changed my grip by moving the thumb pitch forward to reduce grab of the ball during the swing. He also worked with me to increase my tempo and improve my revolutions.

Obviously, it worked somewhat because at the NCAUSBCA 33rd Annual Senior Tournament at Bowl America Woodbridge, I had my best nine games when I averaged over 226 and won the “70 and Over” scratch all events category.

Noel Dysart is a longtime association volunteer who retired from the Navy with 36 years of service. The left-hander is a Silver Level Coach who runs the Bethesda Naval Bowling Center and has bowled for 58 years.
