

Mini-Bio

KAYLA STARR



CITY OF RESIDENCE: Crofton, Maryland

EARLIEST BOWLING MEMORY: Going to watch my Dad bowl league & going to Saturday Morning Youth League.

CURRENT BOWLING LEAGUES: The Lanes at Fort Meade Adult/Youth Sport

BEST PART OF MY GAME: mental game

WORST PART OF MY GAME (WHAT I NEED TO WORK ON THE MOST): swing path

WORST OR MOST EMBARRASSING BOWLING MOMENT: bowling with my shoe cover on

BEST TACTIC I USE TO HANDLE PRESSURE: deep breathing, visualization, trusting my process

SPARE-SHOOTER RATING (10 = best / 1 = worst): 8.5

IMPORTANCE OF BOWLING IN MY LIFE (10 = most / 1 = least): 10

MOST IMMEDIATE BOWLING GOAL: keep improving & getting better

INTERESTS OUTSIDE OF BOWLING: working out, listening to music

IF I HAD MORE TIME, I WOULD ...: sleep & bowl

FAVORITE PLACE I'VE VISITED: San Diego

THE ONE PLACE I WANT TO VISIT: Australia

FAVORITE MEAL: Chipotle

FAVORITE BEVERAGE: Dr. Pepper

FAVORITE TV SHOW: *Friends*

FAVORITE MOVIE: *Murder Mystery*

MY MOST OVERUSED PHRASE: "Oh, enjoy!"

NON-BOWLING PRODUCT FOR WHICH I'D LIKE TO BE SPOKESPERSON: Under Armour

NEW YEAR'S RESOLUTION I CAN NEVER KEEP: I'm going to eat less Chipotle.

TASK I HATE TO DO: dishes

SUBJECT ABOUT WHICH I'D LIKE TO KNOW MORE: pro shop work

QUALITY I MOST ADMIRE IN MY FRIENDS: honesty

THREE FAMOUS PEOPLE (LIVING OR DEAD) I'D INVITE TO MY HOME FOR DINNER: Kobe Bryant, Michael Phelps, Simone Biles

NUMBER ONE PET PEEVE: loud chewers

ONE WORD THAT BEST DESCRIBES ME: motivated

NOBODY KNOWS I'M GOOD AT ...: bowling

THREE WEB SITES I VISIT ALMOST DAILY: Netflix, Instagram, Tik Tok

MY MOST TREASURED POSSESSION: my dog

IF I COULD BE GRANTED ONE WISH: to be successful

FUTURE PLANS: go to college, bowl on tour, be a physical therapist

PHILOSOPHY I LIVE BY: work until your signature becomes an autograph