

The Best Bowling Tip I've Ever Had

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In 1982 at Mel's Southshore Bowl in California, I had been reacting poorly to some taps and bad breaks, etc. Mike Aulby told me that I should forget that stuff and just concentrate on making a good shot every time because once the ball leaves your hand, there is nothing you can do to influence the result. Go ahead and make the spare, Mike reminded me, even if you've just left a solid 8-pin, etc.

Due to Mike's tip, I no longer throw away pins on spares, and my overall spare-shooting has improved.