
The Best Bowling Tip I Ever Had

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Early in my career, I was warned by several top bowlers not to lift or turn the ball in the backswing. Doing this would result in a ball that did not finish strong at the back end.

To achieve maximum leverage in your shot, wait until the bottom of the swing (when your ball passes your sliding leg) before applying any lift or turn to the ball. You'll immediately feel the difference!

