

The best bowling tip I've ever received

By E. Anthony "Ice" Meadows



The best bowling tip I ever received occurred around 1980, during one of my initial experiences bowling in the weekly pot game with the "Big Boys" at Bowl America Kent.

One of the area's best "action players," the late Sylvester Menefee, noticed that I was having some issues with accuracy and suggested that I make sure to follow the path of the ball with my eyes beyond the target area and through the breakpoint to learn to read patterns more accurately. "Menee" told me that it's pretty tough to make a proper adjustment if you don't see what the ball is doing as it rolls down the the lane.

Of all the tips that I've received in my 30-plus years of bowling, this particular one has been primarily responsible for the development of my overall accuracy.

E. Anthony "Ice" Meadows, NCAUSBCA's No. 9-ranked bowler for the 2006-2007 season with a composite average of 217.829, is a founding member of the Poison Bowling Club and currently is pursuing his USBC Bronze Level Coaching Certification. He has rolled numerous perfect games and has a top series of 783. His leagues this season include Black Ski at AMF Capital Plaza, Hi-Ho at Parkland, and Family, Friends, and Neighbors at Rinaldi's Riverdale.