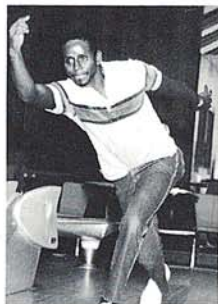


The Best Bowling Tip I've Ever Had

by
EDDIE BLOCKER
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Earlier this year at the Fair Lanes Open Pro Spot Qualifier at Capital Plaza, my friend Wilson Rowe noticed that I was going around the ball at the point of release--topping it, I guess you could say.

He wanted to know why I was doing this, and I told him that I was just trying to get the ball out on the lanes because they were rather dry. I also mentioned that I was starting on the 22nd board and my target was the second arrow (10th board).

Wilson immediately told me that I was playing out of my range. A slender bowler like myself who walks straight should have a foot-to-ball placement difference of perhaps eight-to-ten boards and no more, he noted. The twelve-board difference (22 to 10) that I was using was the cause of many problems.

By having to reach so far to the right to try and hit my target, he explained, my elbow was flying away from my body and thus my hand was going around the ball instead of straight through it. This didn't help my accuracy much, and when I did reach the pocket, my ball hit weakly and didn't have enough power to get the 10-pin out.

Well, I took Wilson's suggestion and moved four boards right on the approach, beginning on board 18. Now closer to my second-arrow target, I didn't have to reach to the right anymore, my elbow stayed near my body, and my hand now went through the ball, generating enough leverage in the shot to pump out many of those corner pins.

By the way, I'll always remember this tip because I immediately shot a 250 game, and that hasn't always happened with other tips I've tried!