The Best Bowling Tip I Ever Received

By Carla Sessions



I was bowling on the same pair of lanes as Hall of Famer Lisa Rand in the WDCAWBA City Tournament about three years ago. The lanes on the left side were a little open, and I actually had room to swing the ball. The only problem was I wasn't carrying the corner pins.

I believe I made a comment about trying to carry the corners, and that's when Lisa stated, "Straighter is better," so I lined up a little tighter and played a line I really hate to play. I felt like I was bowling down the middle and throwing a straight ball, but it worked: I carried the corners and pulled out a decent series.

Most bowlers want to play the "bump" all the time; I know it really looks good to see your ball hook from the gutter and back to the pocket. But how often do you find yourself in a situation where that nasty old 10-pin or 7-pin just wants to ruin things for you?

You can fight the lane or play what the lane is giving you. Try playing straighter, even if you do not like the line you have to play. Make it your line to score.

With five 300 games and two 800 series to show, straighter is better for me. So when I have the lane giving me both a swing shot and an up-the-boards shot, I always choose up-the-boards.

Thanks, Lisa, for the tip. It worked back then, and it still works for me today!

Carla Sessions has appeared in the WDCAWBA Top 10 Ranking three times in the last four years. A certified YABA coach for five years, today she instructs adults. Her motto: Always find something positive in every game.