



ALICIA ALSTON
undertakes the
"Mini-Bio"

BOWL MAGAZINE

SUMMER 2015

MAGAZINE

OFFICIAL PUBLICATION OF THE NATION'S CAPITAL AREA USBC ASSOCIATION

Best Bowling Tip I Ever Received:
John "895" Morgan Jr.



WOMEN'S CHAMPIONSHIP TOURNAMENT ROUNDUP

**"Sassy But Classy Ladies"
make their presence known**



THE BOWLERS TO VETERANS LINK

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Nation's Capital Area USBC

Date *June 30, 2015*

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BOWL MAGAZINE

Summer 2015
Vol. 49, No. 6

Serving the nation's third largest bowling market, BOWL Magazine was honored five times by the American Bowling Congress as the nation's "best local association publication."



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National Golf Club to host Hall of Fame Induction & Dinner Celebration

Holmes, Slater to be inducted November 7

NCAUSBCA's 2015 Hall of Fame Induction & Dinner Celebration will take place Saturday, November 7 in the Grand Ballroom of the National Golf Club at Tantallon, located at 300 St. Andrews Drive in Fort Washington, Md.



The event begins with a "Meet & Greet" session with cash bar at 5 p.m. and a buffet dinner that's scheduled to start at 6 p.m. The induction ceremony will follow dinner.

The Hall of Fame's "Class of 2015" features Arlen "Yogi" Holmes and Bill Slater, two gentlemen who were elected in the Meritorious Service category.

Tickets, which cost \$40, soon will be available at the NCAUSBCA office and may be ordered through many association board members and lane representatives.

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ON THE COVER: The *Sassy But Classy Ladies Bowling Club*, founded in 2009 by Dena Spain and approximately 100 members strong, made its presence known at the NCAUSBCA Women's Championship Tournament and not only due to its matching bowling shirts. Two titles—Team and Senior All Events—came from within the pictured group: Front Row (from left): Algeria Tate, Dorothy Campbell; ... Row 2: Debra Woodson, Joyce Harris; ... Back Row: Clorodet Christmas, Dena Spain, Brenda Gaither, Carletha Johnson, Joann Carnathan, Marie Lomax, Myra Rodgers, Clara Colbert, Barbara James, Sandra Collins, Brenda Barnett-Johnson, Glenda Davis. See the winners on pages 8-9. (Photos by Bob Cosgrove)

BOWL Magazine is published bi-monthly, September through July ("Summer") by NCAUSBCA Inc. The magazine, like the association, is dedicated to the advancement of the sport of tenpins and hopes to foster and nurture the spirit of good sportsmanship throughout its pages. The editorial and business offices are located in the NCAUSBCA office. The deadline for advertising material, copy, photographs, or other editorial material submitted for publication, is the 15th of the month preceding the cover date. The editor reserves the right to alter or reject any copy, photograph, or advertising material submitted for publication. Reproduction and/or distribution in any form, in whole or in part, is strictly prohibited without prior written authorization. Copyright © 2015 by NCAUSBCA Inc. All rights reserved.

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SPORT BOWLING UNDERGOES CHANGES

To encourage more bowlers and leagues to take advantage of competing on challenging lane conditions and to improve certified tournament average integrity, the United States Bowling Congress will make several enhancements to the Sport Bowling program for the 2015-2016 season. Leagues choosing to compete on Sport lane patterns now will have the opportunity to report as a "Sport/Challenge" league without submitting lane tapes or requiring bowlers to purchase membership upgrades. The USBC Sport membership, including the awards program, will be discontinued as bowlers no longer will need to purchase a membership upgrade to compete in Sport leagues. Sport Bowling or Challenge leagues use oil patterns to provide the same type of lane conditions used on the professional level and in international competitions. A few things to note about Sport patterns: (1) Sport patterns range in length from 32 to 54 feet; (2) Patterns must have an oil ratio of 4:1 or less to be considered a Sport or Challenge patter; (3) The lower the oil ratio, the more difficult the pattern; (4) Patterns have different shapes; and (5) The "house" patterns used in many leagues are about 40 feet long and have an oil ratio of 6:1 or higher. To better understand the difference in the patterns used in a Sport or Challenge league versus a typical "house" league, check out the video [here](#).

BOWL AMERICA REWARDS GOOD STUDENTS

Bowl America salutes those students whose hard work has earned them the highest marks in the classroom. If you earned an "A" (or the equivalent grade) over the course of the 2014-2015 school year, Bowl America will reward you with five bonus free games to be used throughout the summer. Bring your final 2014-2015 report card to your nearest Bowl America location to claim your Summer Blast Bonus Pass. Parents of these students also are eligible for some free bowling. Complete details are available [here](#).

MEMBERSHIP DEPT.

Tricia DeMotte and Tim A. Powell of Manassas, Va., Stephen A. Huffman of Leonardtown, Md., and Dwayne L. Spriggs of Dunkirk, Md., have been suspended from membership in the USBC and must not bowl in any USBC leagues or tournaments.



PRESIDENT'S MESSAGE • GENE O. MAYS

Thanks for your support

As I leave the office of president of the association that serves the best bowlers in the USA, I would be remiss if I did not express my own personal thanks. You have conducted yourself in a skillful and professional manner within the many tournaments throughout the nation.

I would like to thank the fine men and women of the association who work diligently to assure that the bowlers receive all of their eligible awards. Also, my thanks go out to the office staff for their participation in the day-to-day operations.

When the new administration is in place, you will continue to receive the needed information that

you have received in the past. As you start your new season, I will visit the bowling houses to see if everything is going as planned.

In the past two seasons, we have had Hall of Fame functions that were enthusiastically attended. This year, the Hall of Fame Induction & Dinner Celebration will take place November 7 at the National Golf Club at Tantallon in Fort Washington, Md. Your continued support of the Hall of Fame is appreciated.

In closing, I would like to thank all of the bowlers for giving me your support and an opportunity to serve you for the past two years.

Tournament Roundup

PBA Pure-It Pro Shop East Open, Lebanon, Pa. (*Patrick Allen, Mount Kisco, N.Y., \$2,500*) — 25, John Neral, Vienna, Va., \$400; 27, Brian Klonarides, Leesburg, Va., \$400.

PBA50 AMF Fredericksburg (Va.) South Open (*Lee Brosius, Ashburn, Va., \$2,000*) — 11, Terry Wiley, Vienna, Va., \$525; 18, Ross McDonald, Clarksville, Md., \$425; 26, **Donny Carr**, Laurel, Md., \$250 (super senior award).

PBA50 Cecil Raymond Memorial, Cherry Hill, N.J. (*Keith Doran, Pomona, N.Y., \$1,500*) — 10, Lee Brosius, \$550; 16, Thad Rand, Rapidan, Va., \$550; 24, Russell Sawyers (guest), Linden, Va., \$200; 29, Ross McDonald, \$250 (super senior award).

See **ROUNDUP**, page 19



From left, Rudolph Thomas, Lewis Brandon, and Derek Payne were among the local competitors at the World Police & Fire Games, of which Bowl America Dranesville hosted the bowling competition. The biennial games in 2015 were made up of 12,000 first responders from 70 countries, competing for gold medals in more than 61 sports played at 53 venues. Click [here](#) for compete results of the games.



Preparing for a new season and all those tournaments

The office is currently working on getting the league kits ready for distribution to the centers. The league kit contains: league application, *Annual Averages* book, membership application cards, and various forms that also can be found on our association's Web site.

The **Women's Championship Tournament** held this summer is now complete, and the 2015-2016 tournament season is almost upon us:

- **34th Annual Senior Tournament**, October 24-25, 31, and November 1 at Bowl America Gaithersburg.
- **6th Annual Mixed Tournament in Support of BVL**, December 5-6 at Bowl America Shirley.
- The **Mixed Scratch Doubles Tournament** is planned for February.
- **71st Annual Open Championship Tournament** will be April 2-3, 9-10, 16-17, and, if needed, April 23-24. The Team event will be at The Lanes Fort Meade, with the Singles/Doubles event at AMF Capital Plaza.
- **71st Annual Women's Championship Tournament** will be held at Potomac Lanes, June 17-19 and 24-27.

Come out and join in the fun; let's make the 2015-2016 tournament season a great one.

Some of the changes for the upcoming season:

- USBC is no longer providing rule books for each league, and they are available [here](#) for download.
- Leagues choosing to compete on Sport lane patterns may now do so without having to pay membership

upgrades. Just remember to mark the league as "Sport/Challenge" on the league application.

➤ NCAUSBCA will launch a **new local awards program** whereby members are eligible to receive awards once per season in several categories.

NCAUSBCA's premier event, the 51st Annual Hall of Fame Induction & Dinner Celebration, is set for November 7, 2015 at the National Golf Club at Tantallon in Fort Washington, Md. Arlen "Yogi" Holmes and Bill Slater are this year's inductees.

I can't stress enough how important it is to attend the jamborees/league officer meetings. This is the time to go over things that caused problems last season, meet your lane representative and establish a rapport with this individual, and change or amend league rules, etc.

USBC Headquarters in Arlington, Tex., again will institute suspension procedures for any bowlers that have not paid membership dues for the prior season.

Reminder to league secretaries: Submit *all* membership application cards throughout the season; this will cut down on the number of unpaid bowlers appearing on your final averages submission as well as your need to add names to the final averages form.

"Secretary of the Year" applications are judged on several factors; timely submission of awards, sanctioning, and distribution of materials to your league members are heavily weighted.

eMail Ronald McGregor

THE QUESTION:

What's been your personal bowling highlight this season?

I successfully finished the season, having overcome two tears in my meniscus and a Baker cyst in my left knee.



Pat Clover
New Carrollton, Md.

Bowling in Bowl America's Youth of the Year Grand Finals.



Jerry Davis
Alexandria, Va.

When I bowled a 268 and with my handicap it was a 300—first time ever in my life!



Pat Gaines
Upper Marlboro, Md.

I did not have a very good year, but the return of the WPBA sparked my interest.



Liz Hollis
Gaithersburg, Md.

Rolling my first 600 series in the Vern Burke Tournament.



Kesean Waldon
Alexandria, Va.

34TH ANNUAL SENIOR TOURNAMENT



USBC CERTIFIED

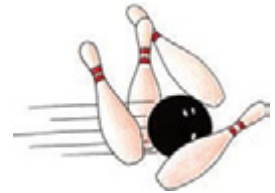
ENTRY FORM

Sponsored by

NATION'S CAPITAL AREA USBC ASSOCIATION



**Bowl America Gaithersburg
1101 Clopper Road
Gaithersburg, MD 20878
301/330-5200**



TOURNAMENT DATES AND TIMES

*Team, Singles, or Doubles may be bowled during any of the following times:
(Opening Ceremony: Saturday, October 24 at 8:30 AM)*

Saturday, Oct. 24, 2015	9:00 AM	12:00 PM	4:00 PM
Sunday, Oct. 25, 2015	9:00 AM	12:00 PM	4:00 PM
Saturday, Oct. 31, 2015	9:00 AM	12:00 PM	4:00 PM
Sunday, Nov. 1, 2015	9:00 AM	12:00 PM	4:00 PM

Limited Space on Saturday's 9:00 AM Squad Time

ENTRY FEE:

\$28.00 per person, per event
*(optional Handicap All Events: \$5.00)
(optional Scratch All Events: \$10.00)*

ENTRIES CLOSE
OCTOBER 21, 2015



NO WALK-INS PERMITTED

TOURNAMENT MANAGER:

Hazel A. Wallace • 703/606-6203 • ejalexis3@verizon.net

NATION'S CAPITAL AREA USBC ASSOCIATION

70TH ANNUAL
WOMEN'S CHAMPIONSHIP TOURNAMENT

Official Prize List

TEAM

1. Sassy But Classy Ladies 2 (C Johnson).....	2,690	864	\$800.00
2. Ladies On The Roll 4 (Linda Bryson)	2,663	1,011	\$600.00
3. Ladies On The Roll 3 (Berni Miller)	2,660	714	\$450.00
4. Last Minute (Theresa O'Donnal)	2,644	543	\$375.00
5. Fun Folks (Jacqueline Thomas).....	2,637	594	\$262.00
6. Four For Fun (Brenda Greer).....	2,616	837	\$150.00

(Champions: Myra Rodgers, Clorodet Christmas, Brenda Gaither, Carletha Johnson)

SCRATCH TEAM

1. Entry 32 – Mullally (Michelle Mullally).....	2,384	\$324.00
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(Champions: Tammy Morgan, Joanne Vining, Alicia Alston, Michelle Mullally)

DOUBLES

1. McCormick, Shante B / Palmer, Shirlynn R...	1,509	159	\$600.00
2. James, Barbara A / Rodgers, Myra A.....	1,486	402	\$300.00
3. McConnell, Nichele / Shaw-Wesby, Crystal	1,460		\$250.00
4. Fletcher-Fitchko, Carole / Huie, Katherine...	1,407	429	\$225.00
5. Roberts, Gertrude E / Fuller, Christine E....	1,404	531	\$210.00
6. Jordan, Sharron D / Jordan, Angela E	1,392	207	\$200.00
7. Stewart, Amy J / Scott, Tiffany D.....	1,383	246	\$185.00
Harrell, Jannie B / Greer, Brenda L	1,383	447	\$185.00
9. Jefferson, Alfreda Y / Ford, Yvette D.....	1,379	99	\$170.00
10. Waldon, Terry L / Miller, Berni K.....	1,356	273	\$150.00
11. Ellis, Beverly J / Dean, Diantha A.....	1,353	381	\$132.50
Peoples, Carolyn V / Graham, Ashley M.....	1,353	249	\$132.50
13. Butler, Judith K / Gaines, Patricia F.....	1,351	357	\$92.00

SCRATCH DOUBLES

1. McConnell, Nichele / Shaw-Wesby, Crystal..	1,460	\$206.00
2. McCormick, Shante B / Palmer, Shirlynn R...	1,350	\$100.00

SINGLES

1. Harbison, Bryanisha C.....	795	75	\$500.00
2. Waldon, Terry L.....	783	156	\$250.00
3. Sharp, Mabel G.....	762	102	\$128.00
4. Jelks, Cheryl M.....	757	174	\$123.00
5. Carnathan, Joann.....	735	186	\$119.00
6. Peoples, Carolyn V	734	174	\$116.00
7. Gothe, Julia.....	730	171	\$112.00
8. Morgan, Tammy L	727	63	\$106.50
Collins, Sandra T	727	294	\$106.50
10. Akers-Epps, Marina L	720		\$99.50
Carpenter, Brandi R.....	720	252	\$99.50
12. McCormick, Shante B	719	123	\$94.00
13. Johnson, Carletha O.....	713	174	\$90.00
14. Hazel, Cristita C.....	707	201	\$85.00
Blakeman, Jennifer A.....	707	324	\$85.00
16. Roberts, Gertrude E.....	704	270	\$80.00
17. Kaufman, Melanie A.....	702	234	\$74.00

Palmer, Shirlynn R.....	702	36	\$74.00
19. Brown, Constance G.....	701	180	\$69.00
20. Harrell, Jannie B	699	267	\$65.00
21. Bell, Tiffanie E.....	697	48	\$60.00
Dysart, Karen M.....	697	171	\$60.00
23. Morris, Yvette D.....	696	210	\$54.00
24. Wilson, Brenda B	695	246	\$51.00
25. Jackson, Leslie R.....	694	186	\$47.00
26. Greer, Brenda L	693	180	\$44.00
27. Bell, Tiffany A.....	691		\$40.00

SCRATCH SINGLES

1. Akers-Epps, Marina L	720	\$225.00
2. Bell, Tiffany A.....	691	\$150.00
3. Shaw-Wesby, Crystal J.....	682	\$110.00
4. Palmer, Shirlynn R	666	\$90.00
5. Morgan, Tammy L.....	664	\$75.00
6. Sharp, Mabel G.....	660	\$53.00

ALL EVENTS

1. Jordan, Sharron D.....	2,147	315	\$225.00
2. Jelks, Cheryl M	2,138	522	\$125.00
3. Collins, Sandra T.....	2,132	882	\$100.00
4. Sharp, Mabel G.....	2,119	306	\$75.00
5. Roberts, Gertrude E.....	2,117	810	\$55.00
6. Ellis, Beverly J.....	2,094	738	\$52.00
7. Harbison, Bryanisha C.....	2,091	225	\$50.00
8. Rodgers, Myra A.....	2,082	783	\$47.00
9. Bell, Tiffany A.....	2,076		\$45.00
10. Waldon, Terry L.....	2,074	468	\$42.00
11. Johnson, Carletha O.....	2,071	522	\$40.00
12. McCormick, Shante B.....	2,059	369	\$37.00
13. Stewart, Amy J.....	2,057	477	\$35.00
14. Palmer, Shirlynn R	2,047	108	\$32.00
15. Carpenter, Brandi R	2,045	756	\$30.00
16. Wilson, Brenda B	2,037	738	\$26.00
Greer, Brenda L	2,037	540	\$26.00
18. Miller, Berni K.....	2,029	351	\$22.50
Grier, Shae D.....	2,029	1,017	\$22.50
20. Harrell, Jannie B	2,027	801	\$10.00
Akers-Epps, Marina L.....	2,027		\$10.00

SCRATCH ALL EVENTS

1. Bell, Tiffany A.....	2,076	\$275.00
2. Akers-Epps, Marina L	2,027	\$155.00
3. McConnell, Nichele M.....	1,995	\$110.00
4. Shaw-Wesby, Crystal J.....	1,969	\$90.00
5. Palmer, Shirlynn R	1,939	\$75.00
6. Mullally, Michelle K.....	1,887	\$60.00

SENIOR SINGLES

1. Sharp, Mabel G.....	762	102	\$150.00
2. Peoples, Carolyn V	734	174	\$100.00
3. Collins, Sandra T.....	727	294	\$80.00
4. Hazel, Cristita C.....	707	201	\$65.00
5. Brown, Constance G.....	701	180	\$55.00
6. Harrell, Jannie B	699	267	\$40.00
7. Dysart, Karen M.....	697	171	\$35.00

See PRIZE LIST, page 9

www.ncausbca.org



THE LIST

Series

- 764 McConnell, Nichele M Doubles
- 730 Palmer, Shirlynn R..... Doubles
- 720 Akers-Epps, Marina L..... Singles
Harbison, Bryanisha C.... Singles
- 697 Bell, Tiffanie A..... Doubles
- 696 Shaw-Wesby, Crystal J ... Doubles
- 691 Bell, Tiffany A..... Singles
- 688 Bell, Tiffany A..... Team
Mullally, Michelle K..... Team
- 682 Shaw-Wesby, Crystal J... Singles
- 680 Ryan, Melissa H Doubles
- 679 Jefferson, Quintina R Team
Martin, Paige R Doubles
- 666 Palmer, Shirlynn R..... Singles
- 664 Morgan, Tammy L..... Singles
- 660 Sharp, Mabel G..... Singles
- 657 Akers-Epps, Marina L..... Doubles
- 656 Harbison, Bryanisha C.... Team
- 655 Moyes, Karen S..... Doubles
- 654 Casey, Kimberly G..... Singles
Ryan, Susan M..... Singles
- 650 Akers-Epps, Marina L..... Team
- 649 Bell, Tiffanie E Singles
Jordan, Sharron D Doubles
- 648 Ford, Yvette D Doubles
- 647 Elmore, Linda Team
- 643 McConnell, Nichele M Singles
- 636 Terry, Shelley D..... Doubles
- 634 Dillon, Amanda M..... Doubles
Richardson, Anna-Lisa... Doubles
- 633 Sharp, Mabel G..... Team
Franklin, Terri A Singles
- 632 Jefferson, Alfreda Y..... Doubles
- 631 Vining, Joanne C..... Singles
- 630 Dillon, Amanda M..... Singles
- 627 Waldon, Terry L..... Singles
- 622 Ryan, Susan M..... Team
- 621 Ryan, Melissa H Singles
- 620 McCormick, Shante B Doubles
- 619 Martin, Paige R Singles
- 613 Bokman, Taren L..... Singles
Mullally, Michelle K..... Singles

- 608 Moyes, Karen S..... Team
- 607 Bell, Tiffanie E Doubles
- 605 Elmore, Linda Singles
Jordan, Sharron D Team
- 604 Eubanks, Kisha C..... Doubles
Morales, Natalie Y..... Singles
- 602 Graham, Ashley M..... Doubles

Games

- 279 Jefferson, Quintina R Team
- 278 Elmore, Linda Team
- 277 McConnell, Nichele M Doubles
Palmer, Shirlynn R..... Doubles
- 269 Mullally, Michelle K..... Team
- 268 Harbison, Bryanisha C.... Singles
- 266 Ryan, Melissa H Singles
Sharp, Mabel G..... Team
- 265 McConnell, Nichele M Doubles
- 264 Morgan, Tammy L..... Singles
- 258 Shaw-Wesby, Crystal J ... Doubles
- 257 Akers-Epps, Marina L..... Singles
Bell, Tiffanie A..... Team
McCormick, Shante B Doubles
Sharp, Mabel G..... Singles
- 256 Bell, Tiffanie A..... Singles
Ryan, Susan M..... Singles
- 251 Bell, Tiffanie A..... Doubles
Shaw-Wesby, Crystal J ... Singles
- 249 Dillon, Amanda M..... Doubles
- 248 Harbison, Bryanisha C.... Singles
Martin, Paige R Doubles
Moyes, Karen S..... Doubles
- 247 Akers-Epps, Marina L..... Singles
- 246 Ford, Yvette D Doubles
Harbison, Bryanisha C.... Team
Jefferson, Quintina R Team
Ryan, Susan M..... Team
Vining, Joanne C..... Team

- 245 Bell, Tiffanie E Singles
Casey, Kimberly G..... Singles
O'Donnal, Theresa M.... Doubles
Richardson, Anna-Lisa... Doubles
- 243 Richardson, Anna-Lisa... Team
- 240 Waldon, Terry L..... Singles
- 238 Akers-Epps, Marina L..... Doubles
- 237 Shaw-Wesby, Crystal J ... Doubles
- 236 Jefferson, Alfreda Y..... Doubles
Palmer, Shirlynn R..... Singles
- 235 Jackson, Leslie R Singles
Martin, Paige R Doubles
Shaw-Wesby, Crystal J ... Singles
- 234 Bell, Tiffanie E Doubles
Franklin, Terri A ... Singles / Dbls
McCormick, Shante B Singles
Miller, Berni K..... Team
Morgan, Tammy L..... Singles
- 233 Bell, Tiffanie E Team
Vining, Joanne C..... Singles
- 232 Jefferson, Quintina R Doubles
- 230 Bell, Tiffanie A .. Singles / Doubles
Franklin, Terri A Singles
Ryan, Melissa H Team / Dbls
- 229 Akers-Epps, Marina L..... Doubles
Ryan, Melissa H Doubles
- 228 McConnell, Nichele M . Team / Sgls
- 227 Palmer, Shirlynn R..... Doubles
- 226 Elmore, Linda Singles
McCoy, Tamara A Doubles
Palmer, Shirlynn R..... Doubles
- 225 Dean, Diantha A Doubles
Eubanks, Kisha C..... Doubles
Jelks, Cheryl M Singles
Jordan, Sharron D .. Team / Dbls
McGill, Dorothy J Team

PRIZE LIST, from page 8

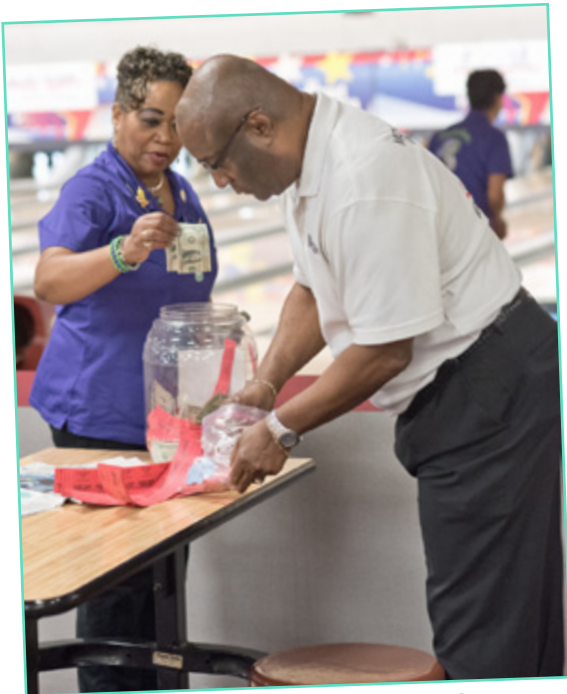
8. Morris, Yvette D	696	210	\$30.00
9. Wilson, Brenda B	695	246	\$25.00
10. Greer, Brenda L	693	180	\$23.00

SENIOR ALL EVENTS

1. Collins, Sandra T.....	2,132	882	\$125.00
2. Sharp, Mabel G.....	2,119	306	\$100.00
3. Rodgers, Myra A.....	2,082	783	\$72.00
4. Cooper, Hilda	2,045	855	\$50.00
5. Greer, Brenda L	2,037	540	\$42.50
Wilson, Brenda B.....	2,037	738	\$42.50
7. Harrell, Jannie B	2,027	801	\$35.00
8. Fletcher-Fitchko, Carole F.....	2,022	630	\$30.00
9. Peoples, Carolyn V	2,005	522	\$25.00
10. James, Barbara A	2,002	423	\$18.00

WOMEN'S CHAMPIONSHIP TOURNAMENT PHOTOS

Members of the "Ladies on a Roll" group appear prior to the Team event: Front Row (from left): Gertrude Roberts, Kaci Spearman, Maya Williams (held by Berni Miller), Tiffany Scott (in front of Valerie Price), Amy Stewart; ... 2nd Row, Standing: Christine Fuller, Wanda Williams, Linda Bryson, Brandi Carpenter, Shae Grier, Sharron Jordan (in front of Leslie Jackson), Angela Jordan, Terry Waldon. (Shirts by Vanessa Jordan / Jordan Concepts, LLC)



Brenda Barnett-Johnson purchases "50-50" tickets from Director Michael Tinsley.



Connie Brown appears very pleased after winning a "50-50" drawing.

Bowlers collect their brackets winnings from Andrea Dale.



ADDITIONAL PHOTOS APPEAR IN THE BOWL MAGAZINE PHOTO GALLERY

ALICIA ALSTON

BIRTH DATE: December 23, 1979

CITY OF RESIDENCE: Fredericksburg, Va.

SOCIAL STATUS: Engaged

EDUCATION: 1998 graduate of Potomac High, 2002 graduate of George Mason University (major: psychology)

CURRENT JOB: Owner of M.E. Cleaning Services

EARLIEST BOWLING MEMORY: When I was 10, my godmother made me bowl at Dale City to keep me out of trouble.

CURRENT BOWLING LEAGUES: Merchants Mixed and the Draft summer league at Bowl America Woodbridge, and the Mixing Bowl Rollers at Bowl America Shirley

FAVORITE PROFESSIONAL BOWLER: Jason Belmonte

BEST PART OF MY GAME: I like my approach the best; it sets the tone for my game.

WORST PART OF MY GAME: Reading the lanes—I'm stuck in my ways.

WORST OR MOST EMBARRASSING BOWLING MOMENT: I did a face plant on the approach after putting on new shoes at Bowl America Woodbridge.

BEST TACTIC I USE TO HANDLE PRESSURE: I listen to my rock & roll music.

SPARE-SHOOTER RATING (10 = best / 1 = worst): 7

VEHICLE I DRIVE: Ford Expedition

NOBODY KNOWS I'M GOOD AT: Singing

SUPERSTITIONS: I never go to the bathroom while bowling!

MY HEROES IN LIFE: I have no personal heroes. The military is top-notch for me.

FAMOUS LIVING PERSON I'D LIKE TO BE FOR ONE DAY: Beyonce—she makes so much money.

MY MOST IRRATIONAL FEAR: Flying—I'd still rather take a car or train.

MY MOST TREASURED POSSESSION: My first 300 game ring—I averaged 170 at the time.

GREATEST EXTRAVAGANCE: I like to take friends out and have a good time.

MY GREATEST PERSONAL ACHIEVEMENT: Shooting the 821 series and holding the house record at Bowl America Shirley

IF I COULD BE GRANTED ONE WISH: To be a millionaire so I can help others

FUTURE PLANS: I hope to continue to improve my bowling game.

PHILOSOPHY I LIVE BY: I just try to be the best person I can be.



Alicia Alston, a member of the Scratch Team champions at the recent NCAUSBCA Women's Championship Tournament, appears alongside the plaque at Bowl America Shirley commemorating her house record 821 series rolled on February 19, 2015.



Cures for pulling the ball and other problems

Q. *I have been having a terrible time with my right-side spares lately. I am right-handed and usually a good spare shooter. Now all of a sudden, I am pulling the ball and can't seem to stop. Do you have any suggestions?*

A. I love it when a question lines up with one of my own problems; I have been going through this same thing. Sometimes even if you think you have an answer, it pays to ask for help.

So I was bowling league the other day and mentioned my struggle with a friend, who is a very good player. He watched a shot or two,

then asked me what I was targeting. I told him the arrows, which is my normal target.

He suggested I pull the spot back from the arrows and target the spots—draw my imaginary line from the pins to that target. I tried this and good results were immediate. Looking out to the arrows was causing me to hang on to the ball too long, causing a pull. Targeting closer got the ball out of my hand faster, and the pull disappeared.

I have done this before, but sometimes we need a reminder. So give this a try, and if that doesn't do the trick, don't be afraid to ask a coach for help.

Q. *I have been hitting the pocket as well as I ever have; my problem is the dreaded 7-10 split. I have been leaving what seems to me to be more than I should on good shots. What do you think the problem is? Is the center's oiling pattern the problem? Is there something I need to do to stop leaving this game-killing split?*

A. Leaving the pocket 7-10 split is not a problem that is caused by the center. It is also not a good shot. The 7-10, I believe, is a problem caused by the bowler. It is a weak hit caused either by an improper release or by missing your target:

➤ If you overturn the shot, the ball will not react at the pins and hit weak.

➤ If you miss your target going out too far, the ball loses its energy trying to recover and hits weak.

➤ If you miss inside and the ball does not get out of the oil in time to react, a weak hit is the result.

Sometimes we are just plain lined up on the wrong part of the lane to begin with and causing the ball to react too late.

It could be any one of these or a combination of a couple of these. It can also be a match-up problem—the incorrect ball surface for the shot.

Most of the time, however, it is bowler-caused by missing the intended target.

Q. *I am a beginner bowler and have joined my first-ever league. I want to get my own ball, bag, and shoes. I am just out of high school and only working part-time, so money is a problem. If I can't afford everything all at once, what should I buy first?*

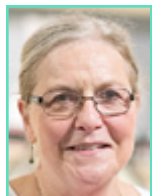


Check Your Knowledge

1. True or False: Pacers who are USBC members are eligible for all USBC individual awards.
2. True or False: A bowling center cannot award free soft drinks for bowling accomplishments.
3. True or False: Youth leagues can require members to pay even when absent.
4. Which center has more lanes—Bowl America Shirley or AMF Capital Plaza?
5. Which center is older—Bowl America Burke or Bowl America Dranesville?
6. The Professional Bowlers Association began in 1958 or 1968?
7. Which officer is to notify members or team captains of all league meetings?
8. This USBC Hall of Famer recently became the all-time pinfall leader in the USBC Open Championships Tournament.
9. In which Texas city is USBC located?
10. This city will host the USBC Open Championships in 2016.

ANSWERS: 1, True; 2, False; 3, True; 4, AMF Capital Plaza; 5, Bowl America Dranesville; 6, 1958; 7, Secretary; 8, Bill Lillard; 9, Arlington; 10, Reno, Nev.

SUMMER TOURNAMENT PARTICIPANTS



**KAREN
DYSART**
ADELPHI, MD



**SHARRON
JORDAN**
UPPER MARLBORO, MD



**BERNI
MILLER**
SPRINGFIELD, VA



**VALERIE
PRICE**
SUITLAND, MD



**BETTY
STEPHENS**
ALEXANDRIA, VA

<i>Favorite TV show</i>	<i>One food I refuse to eat</i>	<i>In high school, I was ...</i>	<i>Nothing annoys me more than ...</i>	<i>My worst habit</i>	<i>I bowl because ...</i>
"Chicago Fire"	Anchovies	Wild!	Cars screeching down the road	Staying up too late	I like it
"Empire"	Esparagus	Lazy	Someone who doesn't listen	Eating fried foods	I love it
"NCIS" (the original)	Scallops	A nerd	Bowling bad	Biting my fingernails	I have fun
"NCIS: LA"	Broccoli	Popular	Dramatic people	Smoking	It's fun
"In the Heat of the Night"	Rabbit	A good basketball player	Someone who tells me I don't know what I'm talking about	I drink too much coffee	I love to bowl

Our Back Pages

5 Years Ago

- [Renee Parker](#) is the subject of the “Mini-Bio.”
- [Kevin Roy](#) describes “The Best Bowling Tip I Ever Received.”

10 Years Ago

- Doyle Irons, who leads the Gold Pin award listings with his 846 series, is the subject of “My Stuff,” a new feature in *BOWL Magazine*.
- Edrick Bracey wins the Scratch Singles with his 773 series in the association’s Championship Tournament.

15 Years Ago

- Ken Larkin sponsors 26 teams in the association’s Championship Tournament.
- [Bruce Merriman](#), owner of the Sports Plus/Carmen Don Pro Shop, is the subject of a lengthy *BOWL Magazine* Interview.

20 Years Ago

- A 3,508 scratch series by “The Smoothies,” consisting of Mark Glover (747), Glen Keffer (654), Howard Hiob (757), Philip Hiob (689), and Keith Painter (661), is tops at the NCABA Championship Tournament.
- Greg Wilhelm tops the Gold Pin awards listing with his 805 series at Bowl America Woodbridge.

25 Years Ago

- Linda Elmore averages 196.19 for 16 games to win the latest Virginia Bowling Queens event in Grafton.
- Christy Peets (133 pins-over-average) of Bowl America Kent tops the Prep Division in Bowl America’s Youth of the Year Grand Finals.

30 Years Ago

- Itty Neal averages 198.44 for 16 games to win the Virginia Bowling Queens competition in Leesburg.
- ABC’s *Pro Bowlers Tour* telecast tops the Masters golf tournament 5.4 to 3.0 in the Nielsen rating in head-to-head competition.

35 Years Ago

- Steve Sipe (197) edges Larry O’Neill and Roger Painter to win the high average race for the second time in three years in the (Bowl America) Falls Church Commercial League.
- William Gambill (+77) of Bowl America Fairfax is the Vir-Mar District JBA Bowler of the Month for April 1980 in the Boys “8 & Under” category.

40 Years Ago

- Bill Hollis leads the Gold Pin awards listing with his 757 series.
- Mr. and Mrs. Gary Harris of Oxon Hill, Md., take top honors in Bowl America’s 14th Annual Mr. and Mrs. Doubles Championships.

45 Years Ago

- Mary Jo Whidden, who has served as WDCAWBA president since 1962, writes her final “President’s Message.”
- Patty Costello of New Carrollton, Md., and Springfield, Virginia’s Jim Robinette place 10th and 15th in their respective women’s and men’s competition at the BPAA All-Star Tournament in Northbrook, Ill.

NCAUSBCA ADULT AWARDS PROGRAM

All awards may be earned once per bowling season

GAME AWARDS — PINS

125-149 Game Award.....	Average of 80 or below
150-174 Game Award.....	Average of 100 or below
175-199 Game Award.....	Average of 120 or below
200-224 Game Award.....	Average of 140 or below
225-249 Game Award.....	Average of 160 or below
250-274 Game Award.....	Average of 180 or below
275-299 Game Award.....	No average requirement
11-in-a-Row Game Award.....	No average requirement
300 Game Award.....	No average requirement

SERIES AWARDS — PINS

125 Pins Over Average Award.....	No average requirement
800-899 Series Award.....	No average requirement
900 Series Award.....	No average requirement

NCAUSBCA's new awards program takes effect in the 2015-2016 season. General eligibility requirements soon will be released.





Bowl America Youth of the Year champs (from left) Amberlyn Swindal, Taylor Powers, Payton Amos, Marquis Hubbard, and Tabitha DeBat.

Champions emerge at Bowl America's Youth of the Year Grand Finals

Five bowlers, including Tabitha DeBat of Manassas, Va., emerged as divisional champions at Bowl America's Youth of the Year Grand Finals Tournament held June 7 at Bowl America Shirley.

All of the participants, who shared in scholarship prizes totaling \$2,300, won monthly and yearly competitions at his or her home center to qualify for the Grand Finals, before which each individual was presented with a personalized shirt to wear while bowling. After the competition, the bowlers along with their guest were treated to an outstanding lunch prior to the awards presentation.

BUMPERS

Name	Center	Avg	Ser	POA
1. Amberlyn Swindal	Glen Burnie	72	173	29
2. Alina Moore	Southwest	58	129	13
3. Ben Bridges	Bull Run	88	184	8
4. Hannah Herrity	Falls Church	66	138	6
5. Travon Buckner	Shirley	83	DNB	
6. Joshua Whitt	Gaithersburg	91	DNB	

BANTAMS

Name	Center	Avg	Ser	POA
1. Taylor Powers	Short Pump	78	335	101
2. Paige Montgomery	Gaithersburg	57	256	85
3. Kevin Davenport	Eastern	80	281	41
4. Clayton Washington	Southwest	124	410	38
5. Jerry Davis	Shirley	96	325	37
6. Michael Smith	Manassas	87	289	28
7. Jenna Buckvar	Chantilly	50	176	26
8. Makenzie Bean	Bull Run	83	263	14
9. Kylie Barbier	Woodbridge	91	267	-6
10. Sydney Smoot	Glen Burnie	90	229	-41
11. Benjamin DeLaine	Dranesville	89	222	-45
12. Benjamin Berol	Falls Church	57	119	-52

PREPS

Name	Center	Avg	Ser	POA
1. Payton Amos	Eastern	110	419	89
2. Holly Johnson	Chantilly	110	417	87
3. Destiny Gordon	Gaithersburg	101	334	31
4. Gage Powers	Short Pump	92	300	24
5. Karla Hembrey	Manassas	108	335	11
6. Matt Vierow	Dranesville	105	321	6

See **YOUTH**, page 20

www.ncausbca.org

ASK BOB, from page 12

A. Go to the pro shop and ask if they have any specials for a ball, bag, and shoe combination. Many pro shops have specials because summer is a slow time.

If that is still too much to spend, I would get your shoes first. There are inexpensive starter bowling shoes for sale. The big plus is you don't share them with 1,000 other people and the money you would spend on rental fees can be used to purchase a ball and bag later.

Welcome to our great game. Don't forget to ask about lessons; some centers do free lessons in the summer. It is important to get on the right track early and not have too many bad habits to break later.



Bowl America Star of the Year champions Will Sydnor and Mary Beth Andrews

Q. What should I do to get ready for the upcoming bowling season?

A. First thing to do is go to your local pro shop and have them check your equipment for fit. Then have them resurface and clean your bowling balls if needed. This will put them back close to factory specs.

See what new bowling balls have been released and ask them if you might need one to fill out your arsenal. Then ask about lessons and sign up for a few. This is a great time for lessons, especially if you have taken the summer off. Your muscle memory is low at this time; you have forgotten about the mistakes that you were making last season. New things will take hold much quicker.

Then of course practice—a few weeks of practice is the best thing you can do for your game. Don't forget those spares; take one practice session a week and devote it to spares. Spares in bowling are like putting in golf: Not making spares will quickly ruin your game.

Ask Bob a question

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Sydnor, Andrews win Las Vegas trips at Bowl America Star of the Year Grand Finals

DIVISION A	Center	Avg	Series	POA	Prize
1. Will Sydnor.....	Midlothian	180	679	139	Trip for Two to Las Vegas
2. Ray Barron Jr.....	Southwest	189	630	63	Samsung Galaxy2 WIFI Tablet
3. Ollie Morton.....	Eastern	203	659	50	Linds Deluxe Three Ball Roller
4. Michael Coleman.....	Bull Run	189	612	45	Samsung Blu-Ray Player
5. Brian Wickham.....	Short Pump	201	645	42	Kona Quick Shelter
6. Matt Garett.....	Falls Church	196	626	38	Samsonite 2-Piece Duffel Set
7. Guillermo Cintron.....	Woodbridge	179	562	25	Igloo Rolling Cooler
8. Stephen Andrews.....	Burke	187	575	14	Google Chromecast
9. David Moskowitz.....	Fairfax	179	548	11	AT&T Phone Set & Answering System
10. Carlos Salvio.....	Chantilly	210	629	-1	Linds Two Ball Roller
11. Steve Carter.....	Glen Burnie	212	618	-18	\$25 Gift Card: Home Depot
12. Robert Sefton.....	Manassas	192	545	-31	\$25 Gift Card: Starbucks
13. Janis Flynn.....	Gaithersburg	168	452	-52	\$25 Gift Card: Best Buy
14. Tim Dzon.....	Shirley	207	561	-60	\$25 Gift Card: Fandango Movies
15. Gary Fuentes.....	Dranesville	191	482	-91	Mr. Coffee 12-Cup Coffee Maker
DIVISION B	Center	Avg	Series	POA	Prize
1. Mary Beth Andrews.....	Burke	149	529	82	Trip for Two to Las Vegas
2. Christy Wilson.....	Southwest	149	506	59	Samsung 32" LED TV
3. Kathy Paulk.....	Shirley	131	425	32	HP Officejet All-In-One Printer
4. Kerlyn Farmer.....	Short Pump	124	381	9	Motorola Bluetooth Headset
5. Don Brettle.....	Bull Run	165	503	8	George Foreman Electric Grill
6. Sean Wiese.....	Falls Church	166	492	-6	Linds Two-Ball Roller
7. Pablo Paldao.....	Fairfax	141	405	-18	\$25 Gift Card: Amazon
8. Josh Hinkle.....	Manassas	163	462	-27	Homeowner Tool Kit
9. Traci Webster.....	Woodbridge	135	367	-38	Sisecam 20-piece Drinkware Set
10. David Fields.....	Midlothian	143	387	-42	\$25 Gift Card: Shell
11. Cathy Ryan.....	Eastern	133	356	-43	CAT 4-Pack LED Flashlight Set
12. Barbara Holley.....	Glen Burnie	160	437	-43	\$25 Gift Card: Macy's
13. Rick Chavez.....	Dranesville	161	438	-45	Linds One-Ball Roller
14. Wanda Antrican.....	Gaithersburg	144	DNB		
15. Michael O'Shea.....	Chantilly	157	DNB		

ASSOCIATION HONOR SCORES

800 Series

- 895 Morgan, John G Jr - CY004
- 890 Andrejack, Michael J - WB009
- 856 Strickland, Michael - PK010
- 847 Campbell, Roger L Jr - GB007
- 843 Leatherman, David J - SL002
- 841 Alexander, Marcus A - PK005
- 835 Farrish, Michael T - CR007
- 834 Grundy, Glenn T - CYS03
- 827 Hunter, John W - MH027
- 824 Shearard, John M - CA011
- 823 Cowart, Shawn C - GBS03
Jackson, Gerard A - CR014
- 822 Ashmore, Matthew T - BR002
Hoff, Robert C Jr - CY014
- 820 DeWitt, Samuel W III - MHS01
- 819 Maloney, Joseph W - BR003
- 817 Andrejack, Michael J - WB017
Blue, Brandon K - MH013
Dousharm, Jason C - NNS01
- 816 Wheeler, Anthony D - PK009
- 815 Fletcher, Stephen J - CR017
- 814 Phillips, Michael J - CA003

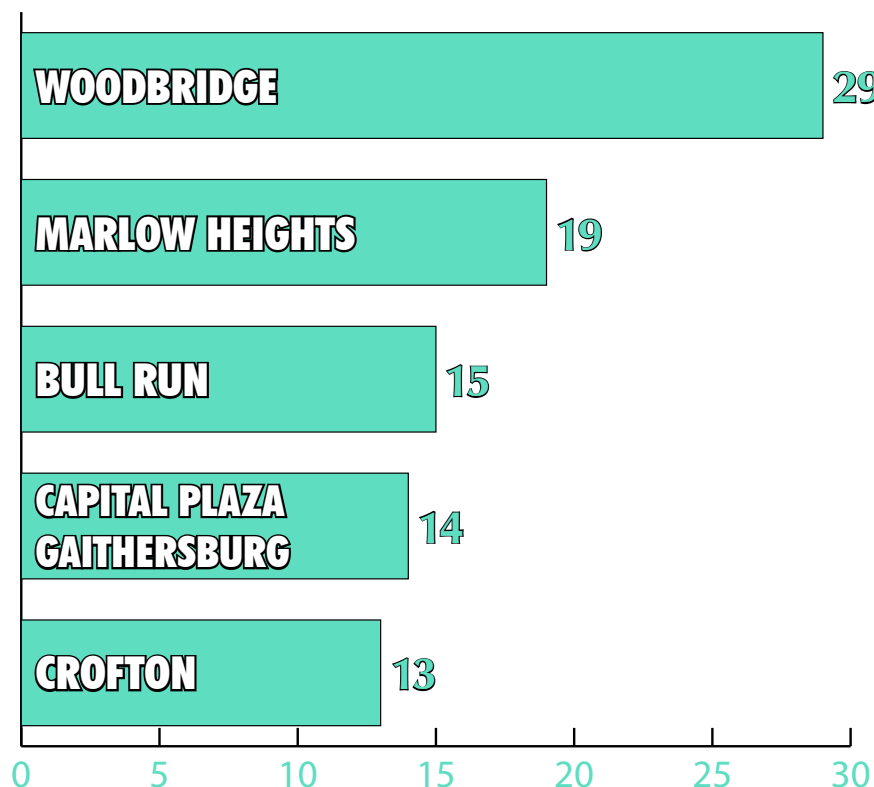
- 813 Murabito, Vince F - WB017
Reynolds, Steve - WB009
- 812 Stocks, Michael R - DR002
- 811 Windsor, Wilbert A - WB009
- 810 Carr, Donny E - ME001
Murabito, Vince F - WB009
Womack, Adam D - MH013
- 809 Attilis, Chris J - BU011
- 807 Hawkins, Anita M - WB019
Schatz, John W - GB023
- 806 Campbell, Roger L Jr - GB007
Clark, Artavius C - MH013
Holmes, Richard H Sr - BR003
Lowry, Tricia A - WB003
- 805 Butler, Kenneth A - WB001
Morgan, John G Jr - CY004
- 804 Holloway, Brandon J - CA005
Lim, Brandon S - BU003
- 803 Gathof, Douglas A - WB017
Johnston, Raymond Jr - WA003
Sankar, Shukdeo - GBS03
- 802 Asbury, James M - GBS03
Limtrakul, Pera I - GBS03
- 801 Grundy, Glenn T - BR003
Rand, Thad A - BR003
- 800 Gilmore, Daniel M - WB004

300 Game

- Acors, DeVaughn M - MH027
- Anders, Paul N - SL012
- Andrejack, Michael J - WB009
- Armstrong, Carl D - FC012
- Ashmore, Matthew T - BR002 (2)
- Atkinson, Frazier L - MH013
- Baker, Maurice T Jr - PK011
- Baptiste, Tracy C - WB009
- Barton, Terrence Sr - PK013
- Bell, Daniel A - SL003 / MH013
- Bell, Marcus E - CA010
- Benjamin, Cellus - CR023
- Bevenour, Shawn F - BRS06
- Blocker, Keith M - RD010
- Box, Martinez D - RD006
- Britt, Anthony M - CR014
- Brooks, George M Sr - MH008
- Brown, Herbert M - MH027 / MH013
- Bustle, Joshua K - CY004
- Butler, Kenneth A - WB001
- Callis, Sherman C - PK004
- Campbell, Roger L Jr - GB007
- Catterton, Kenneth A - WB010
- Chandler, Reginald B - CA010
- Chulick, David C - SL004
- Connick, Scott N - PK009
- Dawson, Hank L Jr - BR003
- DeWitt, Samuel W III - MHS01
- Dick, Derek R - LB001
- Ellenberger, George M III - CR007
- Eubanks, Kisha C - MH013
- Ewell, Randall K - LB003
- Farrish, Michael T - CR007 / CRS05
- Gathof, Douglas A - WB017
- Genao, Jose - SL002
- Gilmore, Daniel M - WB004 / SL002
- Gruber, Raymond S - BU005
- Hall, Bobby V II - PK005 / MH013
CA010
- Hawkins, Anita M - WB019
- Hepler, Tim A - LC012 (2)
- Heron, Tim M - GB007
- Hicks, Randy R - BRS06
- Hoang, Dan - SL002
- Holloway, Brandon J - PK009
- Holton, Ronald E - SL002
- Hood, André D - RDS01
- Hood, Brian M - WB009
- Hughes, Norman A - BU013
- Hunter, John W - CR014 / MH027
RD018
- Ishmael, Bobby Jr - MH013
- Jelicic, Bryan J - ME007

HONOR SCORE CENTERS

(this issue, based on listed scores)



Jenkins, Harry J - WB005
 Johnson, Keith D - CAS01
 Kabigting, Pancraccio - GB001
 Lawson, Edward S Jr - BA011
 Lee, Maurice L - CA002
 Leoce, Stephen T II - CY003
 Major, Willard A - WB004
 Maloney, Joseph W - BR003
 Manning, Jonathan D - WB020
 Martin, Wade H III - PX005
[McLane, Thomas A](#) - SL001 (2)
 McMackle, Nathan E - CR007
 Meredith, Kenneth - CA002
 Mershon, Frank H III - GB007
[Middleton, G Thomas](#) - BR003
 Minor, George S - CY004
 Moore, Steven R - DCS01
 Moore, Wayne D - WB009
 Morgan, John G Jr - CY004
 Moton, E Maurice Sr - PK009

[Mullally, Michelle K](#) - WB009
 Murabito, Vince F - WB017
 Ondo, Jack - WB021
 Owens, Jerry A - FCS07
 Page, Mark A - CY003
 Pannell, Valious J - MH018
 Payton, Troy D - GBS03
 Pongrace, David M - SL001
 Poston, Bobby S Sr - CA011 / CA006
 Price, J Michael - BR003
 Rudorf, Dustin - WA003
 Schatz, John W - GB023
 Scott, James A - DC004
 Scott, Terry H - MH026
 Shafer, Matthew B - BU005
 Slawinski, Chris J - FC022
 Stanley, Gary D - GB007
 Stocks, David D - LB007
 Stocks, Michael R - DR002
 Stoneburner, Jamie R - NNS01

Streeter, Christian R - CR004
 Taylor, Herman R - WB009
 Tolliver, Jay T - CA002
 Tolson, Adrienne N - CRS05
 Tomlin, Gregory A - BU005
 Turner, Gregory L - CAS01
 Walker, James III - CA005
 Weber, Daniel P - WB004
 Wentz, Charles F Jr - CR014
 Wheeler, Anthony D - PK013
 White, H' Erika D - MHS09
 Wiley, Terry A - SL002
 Williams, Robert F - BRS10
 Windsor, Wilbert A - WB009

YOUTH
300 Game

Zweiban, David E - BR101

ROUNDUP, from page 5

PWBA Storm Sacramento Open, Citrus Heights, Calif. (*Elysia Current, Ephrata, Pa., \$12,000*) — 5, Samantha Schaden, Baltimore, Md., \$2,500.

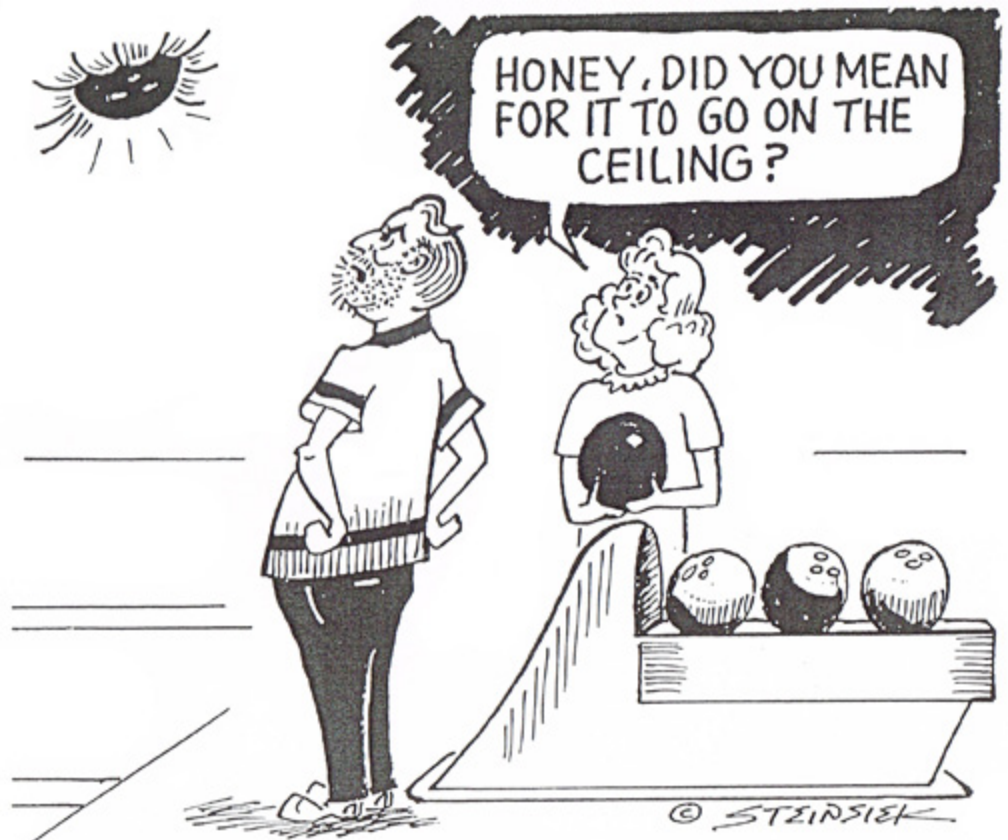
PBA50 Sparetimes Hampton Va. Open (*Sammy Ventura, Syracuse, N.Y., \$1,700*) — 3, Terry Wiley, \$825; 9, Lee Brosius, \$500; 11, [Gregory Turner](#) (guest), Lanham, Md., \$500; 22, David Kneas, Annapolis, Md., \$250 (super senior award).

PBA Fort Meade (Md.) Non-Champions Open (*Charles Bonis Jr. [guest], Port Chester, N.Y., \$1,800*) — 4, Billy Asbury, Odenton, Md., \$850; 10, Michael Oppermann (guest), Germantown, Md., \$450; 17, [Darryl Carreon](#), Woodbridge, Va., \$350; 18, Jack Bogan, Kensington, Md., \$350; 45, Richard Lyles, Poolesville, Md., \$200 (senior award); 47, Joe Marinucci, Gaithersburg, Md., \$200 (senior award).

PBA Homefield Bowl Open, Yonkers, N.Y. (*Patrick Allen, Mount Kisco, N.Y., \$3,000*) — 32, [Chris Blackmore](#), Fairfax, Va., \$400.

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STEINSIEK



Walt Steinsiek's "[Cartoon of the Week](#)" appears on www.ncausbca.org.

Calendar of Events

AUGUST

- 8 — Virginia Junior Gold at Bowl America Southwest, Richmond.
8 — Youth Sweeper at Bowl America Manassas.

SEPTEMBER

- 5 — Youth Sweeper at Bowl America Manassas.
19 — Virginia Junior Gold at Bowl America Southwest.
19 — Local Junior Gold at Bowl America Manassas.

OCTOBER

- 3 — Youth Sweeper at Bowl America Manassas.
3-4, 10-11, 24-25, November 7-8, 14-15 — [Virginia State Seniors Tournament](#), Charlottesville.
4 — NCAUSBCA Youth 600 Club Singles Tournament.
10 — Virginia Junior Gold at Bowl America Manassas.
11 — Danny Wiseman Junior Scholarship Tournament at AMF Country Club, Baltimore.
18 — Virginia Junior Gold at Sparetimes in Hampton.
24-25, 31-November 1 — [NCAUSBCA 34th Annual Senior Tournament](#) at Bowl America Gaithersburg.

NOVEMBER

- 7 — NCAUSBCA 51st Annual Hall of Fame Induction & Dinner Celebration at National Golf Club at Tantallon, Fort Washington, Md.
7 — Virginia Junior Gold at The Bowling Alley, Colonial Heights.
7 — Youth Sweeper at Bowl America Manassas.
8 — NCAUSBCA Youth 600 Club Doubles Tournament.
21 — Virginia Junior Gold at Wayne Lanes, Waynesboro.
22 — NCAUSBCA Vern Burke Scholarship Tournament at Bowl America Manassas.



YOUTH, from page 16

	Dorian Smith	Woodbridge	91	279	6
8.	Alexis Church	Southwest	127	379	-2
9.	Breanna Duley	Glen Burnie	114	336	-6
10.	Grayson Armstrong	Burke	96	280	-8
11.	Kesean Waldon	Shirley	150	441	-9
12.	Devin Hollingsworth	Bull Run	120	331	-29
13.	Ben Martin	Falls Church	166	468	-30
14.	Bryce Henderson	Midlothian	85	DNB	

JUNIORS

	Name	Center	Avg	Ser	POA
1.	Marquis Hubbard	Eastern	133	560	161
2.	Logan Maged	Bull Run	161	551	68
3.	Clara Johnson	Dranesville	133	445	46
4.	Alexis Boatman	Burke	121	401	38
5.	Tyrone Johnson	Woodbridge	189	570	3
6.	Dominic Jackson	Shirley	126	337	-41
7.	Wyatt Sullivan	Gaithersburg	101	255	-48
8.	Matthew Willson	Chantilly	129	324	-63
9.	William Ward	Falls Church	138	349	-65
10.	George-Parker Via	Manassas	174	419	-103
11.	Cassie Anton	Southwest	137	304	-107
12.	McKayla Harris	Glen Burnie	174	401	-121
13.	Matthew Murphy	Short Pump	116	DNB	

SENIORS

	Name	Center	Avg	Ser	POA
1.	Tabitha DeBat	Manassas	183	655	106
2.	Alec Howser	Chantilly	181	625	82
3.	James Fox	Bull Run	178	597	63
4.	Zachary Spedden	Eastern	138	467	53
5.	Daniel Locke	Shirley	146	461	23
	Sam Moss	Short Pump	201	626	23
	DJ Doustiel	Southwest	207	644	23
8.	Mac Leightner	Burke	148	450	6
9.	Brianna Monaghan	Dranesville	165	500	5
	Grace Szemraj	Falls Church	149	452	5
11.	Brandon Driver	Woodbridge	213	622	-17
12.	Michael Whiteman	Gaithersburg	167	452	-49
13.	Renee Riffey	Glen Burnie	174	471	-51

Four members of this year's Team champions of the NCAUSBCA Open Championship Tournament, "Team Waldon #1" of Alexandria, Va.—(from left) Phillip Langhorn, Aaron Sansbury, Jerry Davis, and Sean Waldon—recently appeared at Bowl America Shirley. Not present was Anthony Hayes.

The Best Bowling Tip I Ever Received

By John Morgan Jr.

The Best Bowling Tip I Ever Received came from Bryant Mehio of Filipino Strength Bowling Concepts, who has been like a big brother to me for 30 years.



Bryant and I had a coaching session shortly before my 300 game and 805 series on February 19, 2015 in the Mixed-Signals.org League at Bowl America Chantilly and another, more intense practice in late March. During that session, he constantly reminded me to keep my shoulders quiet through the swing and not try to do too much to the ball and just to trust it—and also to maintain good spine tilt.

Everything seemed to come together the evening of April 2 in my league at Chantilly. That night was sort of a “perfect storm” for me and my family. April 2 was, first of all, my 44th birthday, and my parents were up from Florida visiting since my brother had his baby boy two days earlier. My dad, who was at the center that night, had as a kid in 1966 set a house record of 736 at the old Skor-Mor Lanes in Arlington.

About halfway through the first game, my thumb starting hanging up, so I kept going, and my fill ball hung up and left me a 3-pin for a 299. I immediately went and took some out of the thumb hole of my 15-pound Storm Nano and smashed the next 11 again and juiced the fill ball a little, leaving the 2-4-5 for a 297. I started the third game with the first six, and at this point I relaxed, knowing I had an 800 locked up, so I keep going nice and loose in frames 7, 8, and 9. After the 9th frame, I knew a mark would get me the house record. I buried the first and second balls and then wrapped a 10-pin on the fill ball.

I had no idea that my 895 series was the new state record until after I finished. It was a great feeling to turn around and see so many people watching and cheering, most of all my wife, my father, and longtime best friend Shane Cleveland. What was funny was Shane started cheering when I left the 10-pin on the last ball because he knew I had the state record while everyone else was going, “Awwwwwww.”

I ultimately have to thank my dad, John Morgan Sr., for getting me into bowling; my wife, Tammy Morgan, for getting me to start bowling again; my ball driller, [Jim Lewis](#) of Sports Plus/Carmen Don Pro Shop, who didn't go with my layout suggestion on the Nano; and, of course, my coach, Bryant Mehio, who completely retooled my game.

NCAUSBCA 2014-2015 Triple Crown Awards

	GM	SER	AVG	LEAGUE / CENTER
Gary Bates Sr.	300	758	218	Tuesday AM Mixed / WA
Andrew Blazejewski..	284	718	212	Wed Night Rejects / FC
Edward J. Gibson.....	268	704	184	Elks & Friends / ME
Sandy Sekely	276	713	196	Tuesday Nite Strikers / BR
Sandy Sekely	266	663	189	Tuesday Nite Strikers / BR*

* 2013-2014 season

(Triple Crown Award winners have the highest game, series, and average in their league.)

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