

*Women's Championship
Tournament report*

BOWL MAGAZINE

SUMMER 2014

OFFICIAL PUBLICATION OF THE NATION'S CAPITAL AREA USBC ASSOCIATION

BOB KORTH

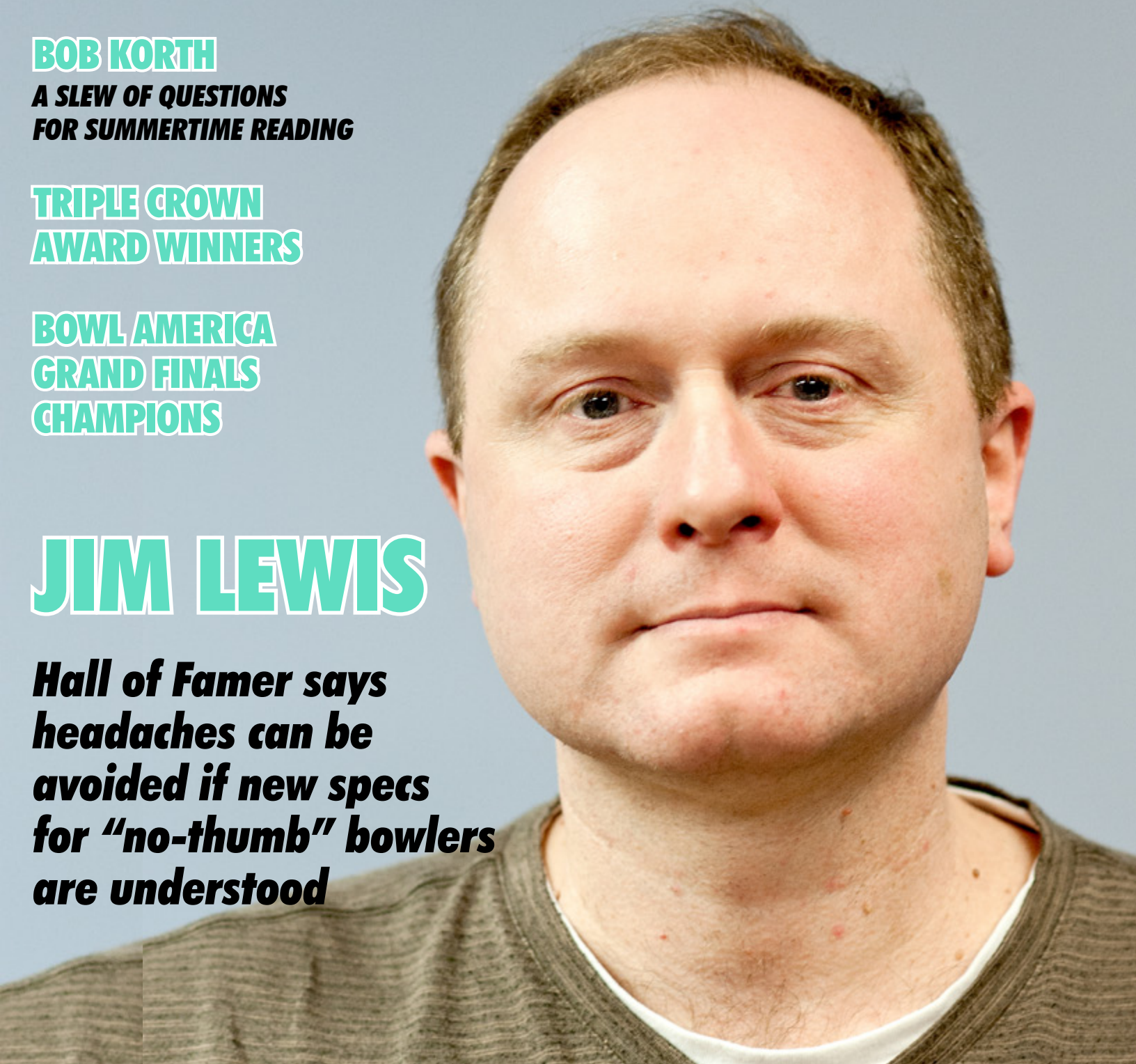
***A SLEW OF QUESTIONS
FOR SUMMERTIME READING***

TRIPLE CROWN AWARD WINNERS

BOWL AMERICA GRAND FINALS CHAMPIONS

JIM LEWIS

***Hall of Famer says
headaches can be
avoided if new specs
for "no-thumb" bowlers
are understood***



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Bolling Air Force Base Officers Club to host Hall of Fame Induction & Dinner Celebration

Four to be inducted October 4

NCAUSBCA's 2014 Hall of Fame Induction & Dinner Celebration will take place Saturday, October 4 in the Capital Ballroom at the Bolling Air Force Base Officers Club (50 Theisen Street) on Joint Base Anacostia-Bolling in Washington, D.C. The event begins with a "Meet & Greet" session with cash bar at 5 p.m. and a buffet dinner that's scheduled to start at 6 p.m. The induction ceremony will follow dinner.

The Hall of Fame's "Class of 2014" features David Kneas and Ernest W. Spriggs, who were elected in the Performance category; Eddie Blocker Jr., who was elected in the Meritorious Service category; and George Yarborough, who was elected by the Veterans Committee.

Tickets, which cost \$40, soon will be available at the NCAUSBCA office and may be ordered through many association board members and lane representatives.

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ON THE COVER: The United States Bowling Congress recently modified its specifications on bowling ball gripping holes so that bowlers who don't use their thumb during a delivery cannot have both a "thumb" hole and a balance hole. Hall of Famer Jim Lewis fears that problems may arise in competition if bowlers do not understand the new ruling.
(Photo by Bob Cosgrove)

BOWL Magazine is published bi-monthly, September through July ("Summer") by NCAUSBCA Inc. The magazine, like the association, is dedicated to the advancement of the sport of tenpins and hopes to foster and nurture the spirit of good sportsmanship throughout its pages. The editorial and business offices are located in the NCAUSBCA office. The deadline for advertising material, copy, photographs, or other editorial material submitted for publication, is the 15th of the month preceding the cover date. The editor reserves the right to alter or reject any copy, photograph, or advertising material submitted for publication. Reproduction and/or distribution in any form, in whole or in part, is strictly prohibited without prior written authorization. Copyright © 2014 by NCAUSBCA Inc. All rights reserved.

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ACCIDENTAL DEATH, DISMEMBERMENT BENEFITS INCREASE TO \$3,500

Once again, NCAUSBCA is pleased to announce that all members now have increased accidental death and dismemberment benefits at no cost to them. These benefits are jointly sponsored with American Income Life Insurance Company (AIL), a company servicing working families for more than 50 years. The benefits total is now \$3,500, up from \$3,000. Members will have the opportunity to return a beneficiary card or designate one online by clicking [here](#). Those who return the card also will receive a Health Services Discount Card for your family at no cost that provides household discounts of 20 to 60 percent on prescriptions, vision care/products, hearing care, and chiropractic care. Optional discount dental care is available. In addition, again at no cost, Child Safe Kits are available for your children and grandchildren. These kits, endorsed and supported by the International Union of Police Associations, help you gather vital data, photos, and fingerprints from your children so they are ready for authorities in the event of an emergency. An AIL representative can explain this and other insurance benefits available. If you have questions, please call AIL at 1-800/495-1213.

BRIEFLY....



Willie Jelks

Hall of Famer [Willie Jelks](#) died on June 12 following a lengthy illness. He was 77. The former Marine, who resided in Alexandria, Va., had numerous tournament titles and was a coach and friend to many area bowlers. He entered the Hall of Fame in 1999. ... On June 18, Bowl America Inc., entered into an amendment to its lease agreement for Bowl America Manassas. The amendment, among other things, extends the term of the lease from May 31, 2014 until August 31, 2019 and provides the company with an additional option to extend the term of the lease for an additional five-year period.

MEMBERSHIP DEPT.

Cheryl A. Brown of Owings, Md., recently was suspended from membership in the United States Bowling Congress. Meanwhile, Benjamin T. Coleman and Sheila C. Coleman of the District have been reinstated to membership in USBC and again become eligible to compete in USBC leagues and tournaments with all the attendant membership privileges.



League officers must perform their duties

Greetings, Bowlers:

As the new bowling season is about to begin, I want those of you who accepted the responsibility as league officers to carry out your duties as required by the Constitution. You are advised to contact your center's lane representatives or the association office if further assistance is needed.

Your participation in past bowling events has been very good, and you are encouraged to continue. Upcoming events in the new season include the Senior Tournament, the Mixed Tournament in Support of BVL, the Mixed Scratch Doubles Tournament, the Open Champi-

onship Tournament, the Women's Championship Tournament, the Annual Membership Meeting, and our Bowl for the Cure® Day.

In March 2014, I was reelected as your president and humbly accepted the position for another year. I have tried to live up to the awesome task that you have elected me to do and will continue to do so.

I encourage each of you to enhance our membership by asking family and friends to join in the fun of bowling. Good luck in Season 2014-2015.

Contact Gene Mays

Secretary touched by team's action

Melissa Herbert, secretary of the Travelers Mixed league at AMF Capital Plaza, told *BOWL Magazine* she could not respond in "a



dozen words or less" about her top bowling highlight in the 2013-14 season for "The Question:" feature (page 6) in part because her choice wasn't directly about herself. She responded a few days later in an eMail:

Mr. Adam B. "The Wiz" Stewart, 51, a member of our league, died suddenly just nine weeks into the 2013-14 season. It was such a great loss to our entire league because we are all family. It was even a more devastating loss to his teammates, James Nickens Jr., who had bowled with Stewart for over 20 years, and Tasha Mason, on Team #8, "A Queen & Her Court." What happened after his death touched me like nothing ever before.

Being secretary/treasurer of the league, I went to Tasha & JR, asking if they wanted to replace their teammate with another bowler. Their answer was "No!" and they informed me they would continue on as a team as if Adam was still here, and they would pay his bowling fees for every remaining week—and no subs, therefore leaving his name on the standing and recap sheets. This touched me so much to witness two people paying homage to their teammate like that.

During our end-of-season payout meeting, we had eight seconds of silence in honor of Adam and presented Tasha and JR with a trophy in remembrance of their fellow bowler and friend. Paying homage with such respect like that was the highlight of the season for me.



Check Your Knowledge

1. He will serve his second term as NCAUSBCA president in the 2014-2015 season.
2. Which center has more lanes—AMF Waldorf or Potomac Lanes?
3. Can a league adopt a no-forfeit rule?
4. If a team forfeits a game, what is its total for that game?
5. May a captain change a lineup from game to game?
6. How many individuals will be inducted into the NCAUSBCA Hall of Fame this year?
7. In an adult/youth league, must there be the same amount of youths and adults on each team?
8. If an individual bowls out of turn, does the delivery count?
9. Is there a cost to certify a tournament with USBC?
10. Which area center will host the NCAUSBCA Senior Tournament in 2014?

ANSWERS: 1, Gene Mays; 2, AMF Waldorf; 3, No; 4, 0 (zero); 5, Yes; 6, Four; 7, No; 8, No; 9, No; 10, Bowl America Woodbridge.



Getting ready for the new season

The office is currently working on getting the league kits ready for distribution to the centers for the new season. The league kit contains: league application, *Annual Averages* book, two rule books, membership application cards, and various forms that can be found on www.ncausbca.org.

USBC began offering short season memberships in March for leagues that bowled 16 weeks or less. Read the list of FAQs on *BOWL.com* to see if this offering is right for you and your league. I'm sure you will hear a lot about this product at the league organizational meetings and the jamborees held by the bowling centers.

The Women's Championship Tournament was held in June for the first time and is now complete. The 2014-2015 tournament season is almost upon us, beginning with the 33rd Annual Senior Tournament on October 25-26 and November 1-2, followed by the Mixed Tournament in Support of BVL on December 6-7. The Open Tournament will be in its usual April time slot. Come out and join in the fun; let's make the 2014-2015 tournament season a great one.

Some of the changes for the upcoming season:

➤ As noted on page 4, American Income Life offers our adult members many benefits, including per coverage; members now are automatically covered for \$3,500 under the accidental death and dismemberment benefit.

➤ The 11-in-a-Row Award is no more, and 300 games and 800 series are now once-in-a-lifetime awards. You will still receive rec-

ognition for your accomplishments from USBC, and of course you may purchase awards from keepsake-bowling.com.

➤ There is a spec change regarding how many holes you can have in a ball if you decide to bowl with your thumb out of the ball, so read the article by Hall of Famer Jim Lewis on page 8 and visit the *BOWL.com* site for more clarification.

NCAUSBCA's premier event, the Hall of Fame Induction & Dinner Celebration, is set for October 4, 2014 at the Bolling AFB Officers Club; come out and support our new inductees—Eddie Blocker Jr., David Kneas, Ernest W. Spriggs, and George Yarborough—and let's make this a really special event.

I can't stress enough how important it is to attend the jamborees/league officer meetings. This is the time to go over things that caused problems this past season, meet your lane representatives and establish a rapport with them, in addition to changing or amending league rules, etc.

We maintain a list of unpaid bowlers on our Web site that secretaries will want to check regularly because they won't want to start the season with any bowlers currently on that list. USBC soon will institute suspension procedures for any bowlers that did not pay 2013-2014 membership dues.

Lastly, we seek assistance from bowlers who have skills as Web designers and fund-raisers to see what we can do to improve the products the association has to offer.

Contact Ronald McGregor

THE QUESTION:

What was your top bowling highlight this season?

Placing second in Doubles at this year's NCAUSBCA Open Championship Tournament.



Derek Anderson
Woodbridge, Va.

I was the Most Improved Bowler for females in the Saturday AM Rollers at Parkland.



Leticia Byrd
Washington, D.C.

I started branching out into tournaments.



Pamela Chase
Suitland, Md.

We took 22 teams to the Postal-Federal Employees Tournament in Chicago—the most we ever have.



Beverly Dorsey
White Plains, Md.

When I rolled 215, my highest game this season, at Potomac Lanes during the Thanksgiving holiday.



Geerie Jones
Fort Washington, Md.

33RD ANNUAL SENIOR TOURNAMENT



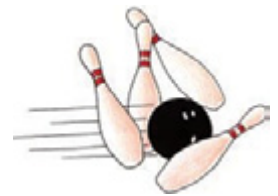
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NATION'S CAPITAL AREA USBC ASSOCIATION



**Bowl America Woodbridge
13409 Occoquan Road
Woodbridge VA 22191
703/494-9191**



TOURNAMENT DATES AND TIMES

*Team, Singles, or Doubles may be bowled during any of the following times:
(Opening Ceremony: Saturday, October 25 at 11:00 AM)*

Saturday, October 25, 2014	11:30 AM	2:30 PM
Sunday, October 26, 2014	11:00 AM	2:00 PM
Saturday, November 1, 2014	11:00 PM	2:00 PM
Sunday, November 2, 2014	11:00 PM	2:00 PM

ENTRY FEE:

\$28.00 per person, per event
(Optional All Events: \$5.00)
(Optional Scratch All Events: \$10.00)

ENTRIES CLOSE
OCTOBER 23, 2014



NO WALK-INS PERMITTED

TOURNAMENT MANAGER:

Hazel A. Wallace • 703/606-6203 • ejalexis3@verizon.net

Avoid headaches by understanding new specs for “no-thumb” bowlers

Non-use of thumb hole means balance hole not permitted

By **Jim Lewis**

One of the upcoming season’s new changes within equipment specifications could present some unexpected headaches. The purpose of this paper is to make bowlers aware of this change so that the situations that will arise during the season can be addressed with some knowledge. The changes will be contained in places within pages 6-9 in the *USBC Equipment Specifications and Certifications Manual*.

Another concern is that many leagues ended in May, and many bowlers will not be aware of this specification change. Serious competitive bowlers will most likely be aware of this change and how it impacts them if they are no-thumb/two-handed bowlers and also most likely to think of others who bowl in their leagues that *do* regularly or occasionally bowl no-thumb/two-handed.

The no-thumb/two-handed release is more common in bowlers newer to the sport, and often these people are not serious bowlers. This style typically results from a person wanting to palm the ball and not liking

Some bowlers impacted by this change will need to plug their equipment to make adjustments to drilling layout or drill completely new balls, which in some cases could be costly.

the tighter feel or wearing of the skin while bowling with their thumb in the ball. Hook is usually more easily generated for these persons with the plastic house balls. These are the people that will more likely be impacted without knowing the specification change.

The main thrust of the rule change is that a no-thumb/two-handed release bowler who was previously able to use balls with finger holes and a thumb hole and a balance hole, must have any ball with thumb hole and balance hole corrected so that there is one or the other but not both a thumb hole and a balance hole.

Previously there was a provision that if the bowler covered any unused thumb hole with their palm during the delivery then the existing thumb hole would not count against this specification. That provision will no longer apply.

Another impact will be a new awareness amongst the general bowling population that balls need to be weighed to verify “legal” static weights. The static weights are more of a technicality in the modern game of high-revving cores and modern, high-friction ball coverstocks, but it is a standard that USBC upholds and is most evident at the USBC Open Championships, where all balls are weighed prior to competition.

The static weights of a ball are the positive/negative side weights, finger/thumb weights, and top/bottom weights. The specification varies depending on the weight of ball—under 8 pounds, 8 to 10 pounds, and over 10 pounds have different sets of specification. The new specification change could impact some no-thumb/two-handed youth bowlers who may use balls under and over 10 pounds and many more bowlers of the same release type who will almost always use over 10 pounds.

My knowledge of the rule change is based in my understanding of it from my work perspective as a pro shop operator, a competitive bowler, and as an association director. From a pro shop perspective, when I first was made aware of this, I contacted my highest profile no-thumb/two-handed release customers, as I know these people would be observed in the upcoming season. I went to talk to some impacted customers at a center that evening, and the impacted customers were already alert to the new specification change via the *BOWL.com* news release. Someone else commented, “You know you are using an illegal ball, and we will be watching you in August to see what bowling balls you are using.” Some bowlers impacted by this change will need to plug their equipment to make adjustments to drilling layout or drill completely new balls, which in some cases could be costly.

The specification change will cause some to observe and ask whether balls being used by the no-thumb release/two-handed bowlers are legal in terms of number of drilled holes (fingers, thumb, and balance hole)

See **LEWIS**, page 16

www.ncausbca.org

NATION'S CAPITAL AREA USBC ASSOCIATION
69TH ANNUAL
WOMEN'S CHAMPIONSHIP TOURNAMENT
Official Prize List

TEAM

Pos Name	Entry	Score	Hdcp	Prize	City
1 Pin Exploders.....	2	2,733	729	\$1,440.00	Rockville, MD
2 Ladies On The Roll #2.....	35	2,693	552	\$600.00	Alexandria, VA
3 PAMY.....	8	2,688	951	\$360.00	Lanham, MD
4 Ladies On The Roll #1.....	34	2,662	534	\$256.00	Alexandria, VA
5 Strike Force.....	23	2,649	951	\$200.00	Falls Church, VA

Team champions: Gail Kantor (438 series), Mary Pollard (486), Marcia Zisman (540), Meriam Schroeder (540)

SCRATCH TEAM

Pos Name	Entry	Score	Prize	City
1 Pin Breakers.....	43	2,432	\$324.00	Landover, MD

Scratch Team champions: Paige Martin (626), Shelley Terry (578), Kisha Hightower (556), Marina Akers-Epps (672)

DOUBLES

Pos Names	Entry	Score	Hdcp	Prize	City
1 Campbell, Dorothy S / Peterson, Essie M.	16	1,435	378	\$1,000.00	Greenbelt, MD
2 Donahue, Maureen E / Huffman, Judith K	24	1,433	390	\$450.00	Falls Church, VA
3 Coleman, Roberta L / Weaver, C Edith	25	1,428	483	\$275.00	Upper Marlboro, MD
4 Jordan, Candise S / Sansbury, Cherice E	35	1,409	336	\$200.00	Alexandria, VA
5 Coates, Yvonne D / Morris, Yvette D	32	1,408	393	\$150.00	Clinton, MD
6 Jefferson, Alfreda Y / Edwards, Denise Y	46	1,399	75	\$120.00	Landover, MD
7 Buckingham, Kellye Dee / Overton, Shanell	34	1,391	258	\$90.00	Alexandria, VA
8 Reid, Jessica D / Johnson, Sharon A	22	1,385	315	\$80.00	District Heights, MD
9 DuBois, Nakita A / Bush-Jackson, Felicia M	47	1,380	258	\$70.00	Landover, MD
10 Jones, Veronica M / Young, Ann M	5	1,379	186	\$55.50	Sterling, VA
Wilusz, Lisa M / Fletcher-Fitchko, Carole F	9	1,379	495	\$55.50	Ft Washington, MD

SCRATCH DOUBLES

Pos Names	Entry	Score	Prize	City
1 Jefferson, Alfreda Y / Edwards, Denise Y	46	1,324	\$206.00	Landover, MD
2 Terry, Shelley D / Martin, Paige R	43	1,314	\$100.00	Landover, MD

SINGLES

Pos Name	Entry	Score	Hdcp	Prize	City
1 Martin, Paige R.....	43	793		\$700.00	Landover, MD
2 Buckingham, Kellye Dee.....	34	778	198	\$350.00	Alexandria, VA
3 Morales, Natalie Y.....	5	761	84	\$200.00	Sterling, VA
4 Jefferson, Alfreda Y.....	46	755	60	\$175.00	Landover, MD
5 Shackelford, Valerie N.....	39	752	96	\$150.00	Alexandria, VA
6 Locke, Shae D.....	39	745	318	\$112.50	Alexandria, VA
Shivers, Cassandra A.....	42	745	27	\$112.50	Landover, MD
8 Zisman, Marcia.....	2	744	174	\$90.00	Rockville, MD
9 Cooper, Katina F.....	15	743	243	\$80.00	Forestville, MD
10 James, Barbara A.....	14	729	156	\$70.00	Largo, MD
11 Jordan, Angela E.....	35	727	117	\$60.00	Alexandria, VA
12 Pratt, Jacqueline S.....	3	726	234	\$50.00	Accokeek, MD
13 Pollard, Mary E.....	2	724	225	\$48.00	Rockville, MD
14 LeGrant-Davis, Christina L.....	34	723	159	\$46.00	Alexandria, VA
15 Williams, Winona K.....	15	717	162	\$44.00	Forestville, MD
16 Alvarado, Daniela.....	42	716		\$42.00	Landover, MD
17 Hance, Magaly D.....	6	714	129	\$40.00	Lake Ridge, VA
18 Kisler, Janet B.....	24	713	255	\$38.00	Falls Church, VA
19 Mackall, Betty H.....	26	711	165	\$36.00	Forestville, MD
20 Coleman, Makeba A.....	7	710	138	\$35.00	Clinton, MD
21 Mercadal, Rita A.....	20	708	171	\$34.00	Upper Marlboro, MD
22 Wilusz, Lisa M.....	9	707	294	\$33.00	Ft Washington, MD

SCRATCH SINGLES, sponsored by SIKORA REPORTING, INC., Alexandria, VA

Pos Name	Entry	Score	Prize	City
1 Martin, Paige R.....	43	793	\$200.00	Landover, MD
2 Shivers, Cassandra A.....	42	718	\$90.00	Landover, MD
3 Alvarado, Daniela.....	42	716	\$50.00	Landover, MD
4 Jefferson, Alfreda Y.....	46	695	\$40.00	Landover, MD
5 Hightower, Kisha C.....	43	679	\$33.00	Landover, MD

ALL EVENTS

Pos Name	Entry	Score	Hdcp	Prize	City
1 Locke, Shae D.....	39	2,177	954	\$300.00	Alexandria, VA
2 Jefferson, Alfreda Y.....	46	2,174	180	\$150.00	Landover, MD
3 Zisman, Marcia.....	2	2,165	522	\$100.00	Rockville, MD
4 Morales, Natalie Y.....	5	2,146	252	\$75.00	Sterling, VA
5 Wilusz, Lisa M.....	9	2,134	882	\$60.00	Ft Washington, MD
6 LeGrant-Davis, Christina L.....	34	2,130	477	\$50.00	Alexandria, VA
7 Lyles, Tori P.....	31	2,129	306	\$45.00	Bowie, MD
8 Shackelford, Valerie N.....	39	2,126	288	\$40.00	Alexandria, VA
9 Reid, Jessica D.....	22	2,098	522	\$35.00	District Heights, MD
10 Buckingham, Kellye Dee.....	34	2,096	594	\$30.00	Alexandria, VA
11 Williams, Winona K.....	15	2,085	486	\$25.00	Forestville, MD
12 Jordan, Angela E.....	35	2,083	351	\$23.00	Alexandria, VA
13 Sansbury, Cherice E.....	35	2,067	333	\$22.00	Alexandria, VA
14 Pollard, Mary E.....	2	2,063	675	\$21.00	Rockville, MD
15 Alford, Yvonne M.....	14	2,062	603	\$20.00	Largo, MD
16 Coleman, Roberta L.....	25	2,061	756	\$18.00	Upper Marlboro, MD
17 Martin, Paige R.....	43	2,059		\$17.00	Landover, MD
18 Hance, Magaly D.....	6	2,053	387	\$16.00	Lake Ridge, VA
19 Ayoub, Rachel P.....	23	2,051	846	\$15.00	Falls Church, VA

SCRATCH ALL EVENTS, sponsored by FRATELLI'S ITALIAN RESTAURANT, Alexandria, VA

Pos Name	Entry	Score	Prize	City
1 Martin, Paige R.....	43	2,059	\$375.00	Landover, MD
2 Jefferson, Alfreda Y.....	46	1,994	\$150.00	Landover, MD
3 Akers-Epps, Marina L.....	43	1,915	\$100.00	Landover, MD
4 Alvarado, Daniela.....	42	1,906	\$75.00	Landover, MD
5 Shivers, Cassandra A.....	42	1,901	\$52.00	Landover, MD

SENIOR SINGLES, sponsored by AUTOMOTIVE SERVICE CENTER OF HYATTSVILLE

Pos Name	Entry	Score	Hdcp	Prize	City
1 Zisman, Marcia.....	2	744	174	\$200.00	Rockville, MD
2 James, Barbara A.....	14	729	156	\$105.00	Largo, MD
3 Pollard, Mary E.....	2	724	225	\$75.00	Rockville, MD
4 Hance, Magaly D.....	6	714	129	\$55.00	Lake Ridge, VA
5 Kisler, Janet B.....	24	713	255	\$45.00	Falls Church, VA
6 Pessagno, Vickie A.....	41	694	177	\$35.00	Silver Spring, MD
7 Ballinger, Sandra J.....	4	691	195	\$33.00	Alexandria, VA

SENIOR ALL EVENTS, sponsored by COOL NAIL SALON, Suitland, MD

Pos Name	Entry	Score	Hdcp	Prize	City
1 Zisman, Marcia.....	2	2,165	522	\$200.00	Rockville, MD
2 Wilusz, Lisa M.....	9	2,134	882	\$100.00	Ft Washington, MD
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5 Pollard, Mary E.....	2	2,063	675	\$45.00	Rockville, MD
6 Coleman, Roberta L.....	25	2,061	756	\$40.00	Upper Marlboro, MD
7 Hance, Magaly D.....	6	2,053	387	\$34.00	Lake Ridge, VA
8 Woodson, Debra A.....	16	2,037	585	\$30.00	Greenbelt, MD



THE LIST

Below are the highest series and games rolled in the NCAUSBCA 69th Annual Women's Championship Tournament that took place at Parkland Bowl.

Series

- 793 Martin, Paige R Singles
- 718 Shivers, Cassandra A Singles
- 716 Alvarado, Daniela..... Singles
- 695 Jefferson, Alfreda Y Singles
- 682 Edwards, Denise Y Doubles
- 679 Hightower, Kisha C Singles
- 678 Lyles, Tori P..... Team
- 677 Morales, Natalie Y Singles
- 675 Alvarado, Mariana..... Singles
- 674 Terry, Shelley D..... Doubles
- 672 Akers-Epps, Marina L Team
- 670 Young, Ann M..... Doubles
- 669 Franklin, Terri A..... Doubles
- 668 Hassell, A Jane Team
- 666 Akers-Epps, Marina L Doubles
- 663 Ford, Yvette D..... Doubles
- 657 Jefferson, Alfreda Y Team
Overton, Shanell..... Doubles
- 656 Shackelford, Valerie N..... Singles
- 653 Johnson, Cynthia R..... Doubles
- 648 Bell, Tiffanie E..... Doubles
Shivers, Cassandra A Doubles
- 642 Jefferson, Alfreda Y Doubles
- 640 Bush-Jackson, Felicia M.... Doubles

- Martin, Paige R Doubles
- 639 Johnson, Cynthia R..... Singles
- 634 Edwards, Denise Y Team
Alvarado, Daniela..... Team
- 629 Hawkins, Anita M Singles
McConnell, Nichele M..... Singles
- 627 Morales, Natalie Y..... Team
- 626 Martin, Paige R Team
- 625 Strickland, Bonnie A..... Team
- 623 Jefferson, Quintina R..... Doubles
Strickland, Bonnie A..... Singles
- 622 Mullally, Michelle K..... Singles
- 619 Ryan, Melissa H Doubles
- 618 Terry, Shelley D..... Singles
- 616 Mullally, Michelle K..... Team
- 615 Hance, Magaly D..... Team
Bell, Tiffany A Singles
- 613 Ford, Yvette D..... Team
Bokman, Taren L..... Team
Shackelford, Valerie N..... Doubles
- 612 Bell, Tiffany A Team
- 610 Jordan, Angela E..... Singles
- 609 Strickland, Bonnie A..... Doubles
- 608 Douglas, Tonia E Singles
- 604 Alvarado, Mariana..... Team
Bell, Amber C Doubles
- 602 Douglas, Tonia E Doubles
Franklin, Terri A..... Singles
- 601 Hawkins, Anita M Team
Lyles, Tori P..... Doubles

Games

- 279 Martin, Paige R Singles
- 269 Terry, Shelley D..... Doubles
- 268 Hightower, Kisha C Singles
Shivers, Cassandra A Singles
- 267 Martin, Paige R Doubles
- 266 Hassell, A Jane Team
Alvarado, Daniela..... Singles
Martin, Paige R Singles
- 261 Morales, Natalie Y..... Singles
- 260 Shivers, Cassandra A Doubles

- 259 Shackelford, Valerie N..... Singles
- 258 Akers-Epps, Marina L Doubles
- 257 Franklin, Terri A..... Doubles
- 256 Edwards, Denise Y Doubles
Strickland, Bonnie A..... Doubles
- 255 Alvarado, Mariana..... Singles
- 254 Edwards, Denise Y Team
Ford, Yvette D..... Doubles
- 248 Jefferson, Alfreda Y Team
Martin, Paige R Singles
- 247 McPherson, Angela S Doubles
- 245 Bokman, Taren L..... Team
Hance, Magaly D..... Team
Young, Ann M..... Doubles
Hightower, Kisha C Singles
- 244 Bush-Jackson, Felicia M.... Doubles
- 243 Jefferson, Alfreda Y Doubles
Douglas, Tonia E Singles
- 242 Lyles, Tori P..... Team
Ryan, Melissa H Doubles
- 241 LeGrant-Davis, Christina L. Singles
- 239 Mullally, Michelle K..... Singles
- 237 Sansbury, Cherice E Team
Jefferson, Quintina R..... Doubles
- 236 Morales, Natalie Y..... Team
Alvarado, Daniela..... Singles
Jefferson, Alfreda Y Singles
- 235 Jefferson, Alfreda Y Doubles
Jordan, Angela E..... Singles
- 234 Alvarado, Daniela..... Team
Jefferson, Alfreda Y Singles
McDonald, Eugenia A Singles
- 233 Strickland, Bonnie A..... Team
Johnson, Cynthia R..... Doubles
- 232 Lyles, Tori P..... Team
Akers-Epps, Marina L Team
- 231 Bell, Amber C Team
- 230 Alford, Yvonne M..... Team
Franklin, Terri A..... Doubles
Morales, Natalie Y..... Singles
- 228 Morris, Traci A Team
Terry, Shelley D..... Singles
- 226 Bell, Tiffanie E..... Doubles
Ford, Yvette D..... Doubles
Shackelford, Valerie N..... Doubles
Buck-Thompson, Cynthia M Singles
McConnell, Nichele M..... Singles
Shivers, Cassandra A Singles
- 225 Akers-Epps, Marina L Team
Lyles, Tori P..... Doubles
Akers-Epps, Marina L Singles
Jefferson, Alfreda Y Singles
Lyles, Tori P..... Singles

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**NATALIE
MORALES**
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**SHANNELL
OVERTON**
ALEXANDRIA, VA



**TERRY
WALDON**
ALEXANDRIA, VA

<i>Rerun I can't stop watching</i>	<i>One food I refuse to eat</i>	<i>I'd like to know more about ...</i>	<i>You might be surprised to learn I like ...</i>	<i>Top interest outside of bowling</i>	<i>Best thing about bowling</i>
"Seventh Heaven"	spinach	the availability of more tournaments	roller coasters	I read books	it was my husband who taught me bowling in 2005
<i>Coming to America</i>	mussels	how to be successful	being intimate with my fiancé	shopping	you can learn and get better, and you can win money!
"Golden Girls"	anchovies	forensic science	racing cars	catching up on my TV shows	I like the competitiveness
<i>Iron Man 3</i>	zucchini	lane conditions	the band, Aerosmith	playing poker	when I have a clean game
<i>Colombiana & Bring It On</i>	okra	the conflict in Syria	doing ballet	working out	learning to play different patterns
"Two and a Half Men"	egg plant	stocks and bonds — anything to make money	a lot of walking	playing volleyball, golfing, and traveling	family and friends



Mary Pollard celebrates a strike in the NCAUSBCA Women's Championship Tournament at Parkland Bowl. She joined with Gail Kantor, Marcia Zisman, and Meriam Schroeder (right, who competed together in last year's event), and the resulting "Pin Exploders" foursome did exactly that and took home top honors in the Team competition. Zisman also won the Senior Singles and Senior All Events titles.



Gail Kantor



Marcia Zisman

FILE PHOTOS



Meriam Schroeder



Again this year, there were several colorful bowling shirts worn by the participants. Christina LeGrant-Davis displayed the above message.



Quintina Jefferson (above) fell short in her attempt to capture the Scratch Singles title for the fourth consecutive year.



Directors Helen Toms (left) and Judith Butler worked at the raffle table during the tournament.

NCAUSBCA 69th Annual Women's Championship Tournament

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A slew of questions for summertime reading

Q. I was asked to coach in a summer junior program in our local center. I accepted the challenge and then was told I have to sign up as a registered volunteer with the USBC. My question: What is this, and why and what does it cost if anything?

A. This is actually a very good thing, and USBC has required this for a while now. I did not know about it either until last month. I know about it now because I decided to volunteer at a center in my town. I was asked because I have been through the USBC Bronze course, and I am a bowling staff member with Roto Grip. I decided it was a great opportunity to give back and advertise Roto Grip at the same time.

This registered volunteer program was adopted to make as sure

as humanly possible those who are working with kids are not predators. This is a background check that USBC is using to keep kids safe.

You sign up at *BOWL.com* and click on “Youth” at the top of the page. Toward the bottom of the menu that appears, you will see “Registered Volunteer Program.” Click on that, then follow the instructions. The cost of this background check, which has to be done every two years, is \$21.25.

After passing this check, you will be sent a nametag with “Registered Volunteer” on it that you wear around your neck while coaching.

The nametag serves a purpose in that only those wearing it are allowed on the lanes with the kids. This helps to keep overzealous parents on the concourse so coaches can do their jobs without outside influence.

Q. I am going to put together an accessory kit. What do you carry in your accessory kit? And what do you think is most important?

A. I have answered this question before, but it is worth a review. In my kit, I carry a three-corner knife, a pair of scissors, a tube of Super Glue, needle-nose pliers, and extra slide cleats for my bowling shoes. I also carry a bottle of Control Grip by Master Products, the best grip powder on the market, and a battery-driven Dremel for doing quick sanding jobs on a thumb hole or finger hole.

My most important items besides the Control Grip would be white Bowlers Tape and Thumb Carpets. If you have never tried Thumb Carpets, I highly recommend them. They are a soft white carpet shaped like Bowlers Tape. They go in the back of the thumb hole, take up the room of three pieces of white tape, and give you a snug fit and eliminate suction so you get a clean release.

They are not readily available in pro shops, so if you want to try them, I sell them. They cost \$20 for 10 and two stamps for freight. For ordering information, write to me and I will send you my address. This is the best investment you will ever make for your feel and release of the ball. I have used these since 1997. You will not be disappointed.

Q. League is just ending, and my average this year has been very disappointing. I have averaged over 200 for many years, but this year was 193. It was not lane conditions; they seem about the same. I turned 61 during the season. My question: Do you think age is a factor? I feel like I have lost some strength, and my ball speed seems slower.

See KORTH, page 17

www.ncausbca.org

TRIPLE CROWN, from page 19

YOUTH	GM	SER	AVG	LEAGUE / CENTER
Adrianna Albritton ...	179	448	124	Sun Watchers / BE
Denard Bankston II ...	268	718	205	Generation Gap / BE
Makyrá Bankston	236	605	154	Generation Gap / BE
Darrell Brown Jr.	204	540	143	Preps / WA
Kayla Brown.....	180	455	130	Preps / WA
Katelyn Curry	206	503	140	Juniors / WA
Kailin Flanagan.....	194	463	114	Preps / DC
Stephanie Godin	200	525	145	Special Guys / DC
Ta' Shawn Jones.....	253	696	183	Junior-Majors / DC
Xavier Jones	214	529	141	Preps / DC
Brianna Jordan.....	290	740	176	Saturday Youth Juniors / FC
Ben Martin	221	547	142	Saturday Youth Champs / FC
Brianna McCastle	226	617	151	Junior-Majors / DC
Theresa Murphy	236	585	163	Majors / WA
Jayrek Allen Pace	238	530	151	Sun Watchers / BE
Nicholas Saunders	224	611	157	Saturday Youth Seniors / FC
Adriana Sheck.....	257	724	199	Seniors / GB
Travis Weisenberger .	215	551	162	Special Guys / DC

Five big winners at Bowl America's Youth of the Year Grand Finals

Bowlers from Burke, Bull Run, and Gaithersburg were among five divisional champions declared at Bowl America's Youth of the Year Grand Finals Tournament held June 8 at Bowl America Shirley.

All of the participants, who shared in scholarship prizes totaling \$2,275, won monthly and yearly competitions at his or her home center to qualify for the Grand Finals, before which each individual was presented with a personalized shirt to wear while bowling. After the competition, the bowlers along with their guest were treated to an excellent lunch prior to the awards presentation.

BUMPERS

1, Isaiah Prather, Gaithersburg, 76 average/174 total (22 pins over average); \$100 (scholarship); 2, Kellsey Howe, Eastern, 85/180 (10), \$75; 3, Cooper Smith, Woodbridge, 76/149 (-3), \$50; 4, Marc Timms, Shirley, 79/144 (-14), \$40; 5, Sammi Green, Southwest, 79/141 (-17), \$30; 6, Wyatt Oswald Goddard, Glen Burnie, 84/137 (-31), \$25; 7, Austin Pomerleau, Bull Run, DNB.

BANTAMS

1, Clayton Washington, Southwest, 96/421 (133), \$100; 2, Shannon Herrity, Falls Church, 69/290 (83), \$75; 3, Karla Hembrey, Manassas, 79/308 (71), \$50; 4, Andres Santiago, Chantilly, 70/276 (66), \$40; 5, Destiny Gordon, Gaithersburg, 76/274 (46), \$30; 6, Sydney Smoot, Glen Burnie, 75/246 (21), \$25; 7, Zachary Suga, Shirley, 61/200 (17), \$25; 8, Jayden Myers, Woodbridge, 105/313 (-2), \$25; 9, Kason Howe, Eastern, 70/181 (-29), \$25; 10, Grayson Armstrong, Burke, 95/225 (-60), \$25; 11, Elijah Johnson, Dranesville, 116/257 (-91), \$25; 12, Tej Gupta, Bull Run, DNB; 13, Akiyah Robertson, Midlothian, DNB.



Bowl America Youth of the Year Grand Finals divisional champions (from left) Isaiah Prather, Clayton Washington, Brady Donahue, Jakob Burns, and Nicholas Doerry.

PREPS

1, Brady Donahue, Bull Run, 95/423 (138), \$100; 2, Keshawn Brown, Midlothian, 91/359 (86), \$75; 3, Rishawn Fitz, Eastern, 83/333 (84), \$50; 4, Breanne Reber, Short Pump, 121/436 (73), \$40; 5, Ben Martin, Falls Church, 142/480 (54), \$30; 6, Grayson Fritsch, Manassas, 122/411 (45), \$25; 7, Tristan Kaz, Dranesville, 103/328 (19), \$25; 8, Garrett Meadows, Shirley, 190/588 (18), \$25; 9, Amethyst Pennington, Shirley, 138/421 (7), \$25; 10, Jacob Hemmerdinger, Fairfax, 111/336 (3), \$25; 11, Breanna Duley, Glen Burnie 85/244 (-11), \$25; 11, Jonah Smith, Woodbridge, 110/319 (-11), \$25; 13, Tanya Glowacki, Gaithersburg, 97/272 (-19), \$25; 14, Ryan Williams, Chantilly, DNB; 15, Kyle Varney, Southwest, DNB.

JUNIORS

1, Jakob Burns, Southwest, 198/709 (115), \$100; 2, Christopher Wear, Chantilly, 103/395 (86), \$75; 3, Douglas Baitinger, Burke, 128/469 (85), \$50; 4, Grant Edwards, Eastern, 113/417 (78), \$40; 5, Jacquelyn Moss, Short Pump, 142/494 (68), \$30; 6, Nicholas Koehler, Shirley, 115/407 (62), \$25; 7, Brianna Jordan, Falls Church, 176/572 (44), \$25; 8, Ashley Saville, Fairfax, 168/545 (41), \$25; 9, Kevin Brown, Midlothian, 170/541 (31), \$25; 10, Aldo Falla,

Bull Run, 158/473 (-1), \$25; 11, Clara Johnson, Dranesville, 140/418 (-2), \$25; 12, Josh Nevins, Glen Burnie, 156/461 (-7), \$25; 13, Nick Gutridge, Woodbridge, 124/364 (-8), \$25; 14, Kimberly Combs, Manassas, 105/297 (-18), \$25; 15, Lisa Dove, Gaithersburg, 124/340 (-32), \$25.

SENIORS

1, Nicholas Doerry, Burke, 148/496 (52), \$100; 2, Eleanor Lee, Short Pump, 170/550 (40), \$75; 3, Nicholas Saunders, Falls Church, 157/498 (27), \$50; 4, Zach Einhorn, Shirley, 186/573 (15), \$40; 5, Brianna Monaghan, Dranesville, 164/487 (-5), \$30; 6, Krista Grenell, Southwest, 178/507 (-27), \$25; 7, Andrew Thorne, Gaithersburg, 193/550 (-29), \$25; 8, Sean Johnson, Glen Burnie, 158/443 (-31), \$25; 9, Jon Cottrell, Chantilly, 156/410 (-58), \$25; 10, David Zweiban, Bull Run, 205/531 (-84), \$25; 11, Jeremy Robinson, Manassas, 186/461 (-97), \$25; 12, Ryan Franz, Woodbridge, 193/462 (-117), \$25.

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Our Back Pages

5 Years Ago

- Scratch Singles co-champion [Dan Rideout](#) responds to "20 Questions."
- Four youth bowlers set a torrid pace on and off of the lanes.

10 Years Ago

- [Richard Wolfe](#), who recently gained exempt status on the PBA Tour, answers "12 Questions."
- Hall of Famer [A. Jane Hassell](#) provides "The Best Bowling Tip I've Ever Received."

15 Years Ago

- Hall of Famer / Scratch All Events titlist Larry Wallace joins Randy Wood, Joseph Miller, Barry Wallace, and Ricky Wallace Sr., to win the Scratch Team title.
- Anthony Wheeler (675) tops Shaun Minick by one pin in the Vir-Mar District 600 Club Spring Singles event at Lord Calvert Bowl.

20 Years Ago

- [Mike Hahn](#) is the subject of the *BOWL Magazine* Interview.
- Michele (Harding) Larsen scores 267-259-258/784 to break the house record at Crofton Bowling Centre.

25 Years Ago

- Mark Glover tops the association rankings for 1987-1988 with a 226.8693 composite average for 306 games.
- David Reed defeats Shannon Reasor 29-17 in a two-frame rolloff to win the Pro Shop Singles Scratch Classic at Bowl America Fairfax.

30 Years Ago

- Tony Sutphin's 793 series tops the association's Gold Pin listings.
- Six current/future Hall of Famers make the "Top 10" rankings.

35 Years Ago

- Bob Hennessy will succeed Matt Bennie as association secretary.
- Larry O'Neill and Bobby Michaelson currently are tied for high average at 204 in the Falls Church Commercial League.

40 Years Ago

- "Dr. Ron's Head Cheese" (Durwood Yates, Carl Stein, Steve Myers, Kermit Harnes, and Ron Friedlander) wins the NCABA Team title.
- Ittylene Neal earns the Century Award for her 279 game in the Ladies Triple A Metro League at Bowl America Fairfax.

45 Years Ago

- "Mario's Italian Groceries" (Bob McKee, Ron Ward, Johnny Woody, Ken Hewitt, and Buddy Engleman) wins the Classic Division Team event of the Washington City Tenpin Bowling Association Championship Tournament.
- Leag Sec, a computerized service for league secretaries by the Helix Corporation of Silver Spring, is scheduled to make its appearance in the summer of 1969.

[LEWIS](#), from page 8

are evident in the ball *and* question whether the ball is legal in static weights in two center of gravity locations.

The center of gravity for a bowler with a standard release would be halfway between the fingers and thumb hole. That is the only spot that needs to be considered *unless* that same bowler switches to a no-thumb/two-handed release, which would then require the ball to be weighed properly within specs in two center of gravity locations. One would be between the fingers for the no-thumb release and then also halfway between the fingers and thumb for the standard thumb-in release.

In my experience as a pro shop operator, I find in some situations, a ball drilled with finger holes and a large deep thumb hole is not always going to weigh out properly for both centers of gravity. The only way to confirm static weights is to weigh the ball on a scale that needs to be calibrated and *available*, which is not likely to be the case during bowling sessions.

As a pro shop operator and a bowler, I know that in today's bowling environment, bowlers typically only have their drilled bowling ball checked for legal static weights at the USBC nationally certified tournaments and some other select tournaments. This specification change could cause some unexpected situations where a bowler has his/her ball's legality called into question.

There are times where some that bowl with their thumb in the ball may pick up a ball and toss a shot down the lane either in disgust, practicing, or just getting finished in "fashion." These bowlers would technically be violating the specification change if they use balls that also have balance holes and will likely create situations where the

See [LEWIS](#), page 20

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KORTH, from page 14

A. Aging could definitely be a factor. I am 72 and my speed has become slower, but there are things that can be done to compensate.

As we age, we lose flexibility and strength in the legs. In bowling, both of those are major problems. Leg strength is important to keep ball speed up. Flexibility is needed to stay lower at the point of release.

As we age, we also tend to stand up higher at release. So do more walking to keep up leg strength and do some stretching exercises to try to keep loose.

Be sure and check with your doctor before starting any new exercise program to make sure you have no underlying problems that could cause you harm. Even with exercise, you may not get back the speed you used to have, so you may have to choose some less aggressive balls to help keep overreaction to a minimum. You may also have to polish more of your balls for the same reason.

Go to your local pro shop and ask them for suggestions on drilling patterns and tweaks to the cover that may be needed.

Q. *I have been bowling for about five years, and my average is 182. Not bad, but I seem to be stuck here. This was my second year at this average with no sign of improvement. What can I do to get to the next level?*

A. This is when most bowlers get stuck, and the biggest reason is *spares*. To go from 180 to a 200 average, you need to pick up two extra spares a game.

Next time you bowl, keep your score on a piece of paper. Getting details on what you left, how many pins you knocked down, and if

See **KORTH, page 19**



Vincent Sacro (left) and Brandon Fulton emerged as divisional champions of Bowl America's Star of the Year Grand Finals at Shirley.

Sacro, Fulton win Las Vegas trips at Bowl America Star of the Year Grand Finals

DIVISION A (165+ avg)	Center	Avg	Series	POA	Prize
1. Vincent Sacro	Manassas	168	637	133	Las Vegas trip for two
2. Kent Allingham	Fairfax	195	684	99	Samsung 32" LED TV
3. Albert Davis	Shirley	194	638	56	Linds Deluxe Three-Ball Roller
4. Lewis Enslinger	Gaithersburg	190	611	41	Sony Blu-Ray Player
5. Howard Hiob	Woodbridge	217	690	39	Auto Spa Car Vacuum
6. Brian Wickham	Short Pump	206	646	28	Roku 3 Streaming Media Player
7. Matthew Vaden	Midlothian	194	586	4	Skill 20v Li-Ion Drill/Driver
8. Kevin Brennan	Bull Run	176	521	-7	Igloo Rolling Cooler
9. Andrew Spiers	Chantilly	169	483	-24	KR Cruiser Two Ball Roller
10. Steve Kephart	Burke	212	601	-35	\$25 Gift Card: Fandango Movies
11. Jacki Jackson	Southwest	168	464	-40	\$25 Gift Card: Outback
12. Leo Smalls	Dranesville	176	481	-47	Carrand Wash & Go Car Wash System
13. David Gress	Glen Burnie	201	523	-80	Mr. Coffee 12 Cup Coffee Maker
14. Jim Robinson	Falls Church	181	413	-130	\$25 Gift Card: Omaha Steaks
15. Dennis Bowyer	Eastern	184	DNB		

DIVISION B (164- avg)	Center	Avg	Series	POA	Prize
1. Brandon Fulton	Dranesville	130	458	68	Las Vegas trip for two
2. Russell Macneal	Short Pump	152	496	40	Samsung Galaxy3 WIFI Tablet
3. Traci Webster	Woodbridge	129	417	30	Linds Deluxe Two Ball Roller
4. Steve Tabackman	Fairfax	168	530	26	Ihome Docking Station
Karen Sefton	Manassas	120	386	26	Coleman Queen Air Bed
6. Tess Zafrá	Shirley	145	456	21	Coleman 4 Person Tent
7. Armani Diggs	Glen Burnie	129	405	18	VTECH Phone Set & Answering Sys.
8. Kim Brennan	Bull Run	139	428	11	Motorola Talkabout Radios
9. Mike Tripp	Chantilly	111	335	2	\$25 Gift Card: Chili's
10. Chris McBride	Falls Church	171	508	-5	Duracell Flashlight Set
11. Tina Fulcher	Midlothian	125	360	-15	Weight Watchers Digital Scale
12. Bernadette Lund	Gaithersburg	147	418	-23	\$25 Gift Card: Bed Bath & Beyond
13. Marie Ackerman-Rogers	Southwest	177	503	-28	KR Cruiser One Ball Roller
14. Cathy Ryan	Eastern	133	348	-51	\$25 Gift Card: Starbucks
15. Karen Phaup	Burke	151	DNB		

ASSOCIATION HONOR SCORE AWARDS

800 Series

- 845 Bernstein, Raymond S III - CY003
- 835 Marsico, Michael S - LC012
- 831 Herman, Michael P Jr - WB009
Thompson, Ronald L - MH027
- 827 Griffin, Kelly A - WAS09
- 825 Mackey, Robert L Jr - LC014
Murabito, Vince F - WBS06
- 824 Rodbhajon, Mana S - SL002
- 819 Starling, Robert L - LC014
Turner, Gregory L - CRS01
- 817 Mackey, Robert L Jr - CR002
- 816 Davidson, Timothy L - BR003
- 815 Bell, William C - WAS09
- 814 Hansen, Christopher A - BR003
Marsico, Michael S - LC014
- 813 Bernstein, Raymond S III - CYS03
- 811 Burt, Denis J - CYS03
Mellinger, David S - LC012
- 810 Bevenour, Shawn F - WB017
Payton, Troy D - GB007
- 806 Phillips, Michael C - WBS06

- 805 Jenkins, Matthew W - BR003
Marsico, Michael S - CR014
Messinese, Donald D - CR014
Shelton, Robert H - BR014
Windsor, Wilbert A - SL001
- 804 Bevenour, Shawn F - WBS06
Lowe, Kenneth E Jr - SL001
- 802 Anders, Paul N - WB001
Martin, Paige R - GB012
- 801 Conover, John B - BR003
Kolessides, John N - CYS03
- 800 Briggs, Ricky L - LC012
Holtzman, Kirk E Jr - MA004
Kinney, Alonso J Jr - MH002

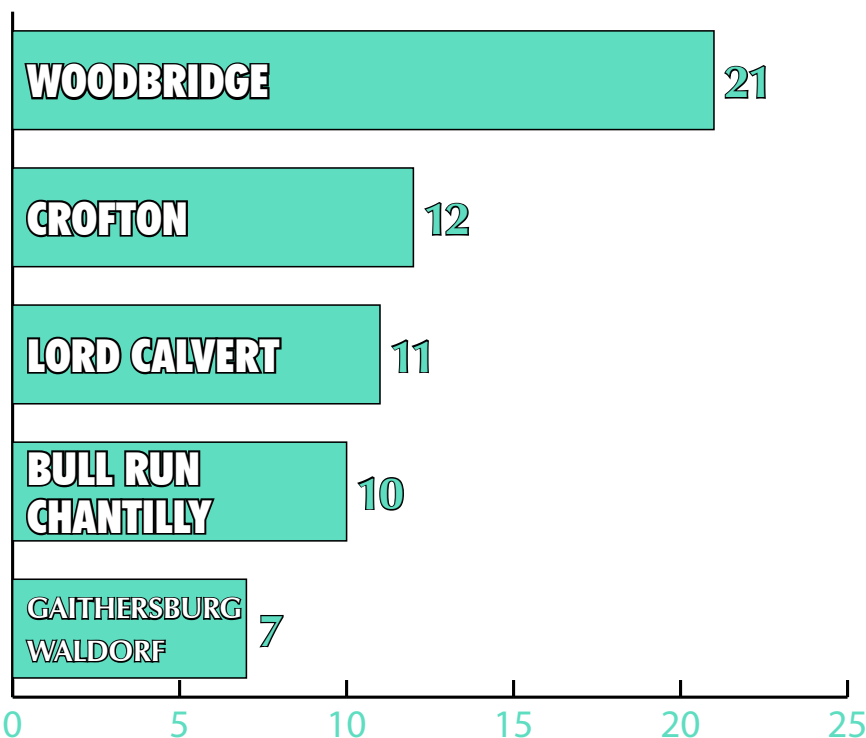
300 Game

- Bell, William C - WAS09
- Bernstein, Raymond S III - CY003 / CY004
- Bevenour, Shawn F - WBS06
- Brown, Anthony A Jr - WA023
- Brown, Maurice A - CA002
- Bruffey, Scott B - WB017
- Campbell, Roger L Jr - GB007
- Carter, Bryce M - BR003
- Cogswell, William T - LBS01
- Conover, John B - BR003

- Cook, Branden L - DCS02
- Curry, Michael I - CR014
- Darden, Ira J Jr - MH013
- Drake, Robert C - CYS02
- Dysart, Noel K - NNS01
- Evans, Anthony - WB009
- Exten, David C - BR007
- Fillis, John R - WB009 (2)
- Ford, Yvette D - GB007
- Friendly, Oscar S - WB009 / WBS06
- Griffin, Kelly A - WA012 / WAS09
- Hall, Brandon J - WB005
- Harrison, Donnell L - CRS04
- Herman, Michael P Jr - WB009 (2)
- Hile, Andrew M - DR007
- Hunt, Ronald E - CY015
- Ishmael, Bobby Jr - MH013
- Jardine, Robert G - CYS02
- Jefferies, Anthony D - BA010
- Jefferson, Rawlin E III - SL001
- Kang, Jong-Un - BU001
- Kidwell, Michael A Jr - LA001
- Kinney, Alonso J Jr - MH002
- Lawson, Edward S Jr - MHS03
- Lewis, Michael R - WAS05
- Lorenz, Kenneth W - BR005
- Mackey, Robert L Jr - CR014 / CR002
LC014
- Marsico, Michael S - LC014 / LC012 / CR014
- Martin, David W - WB005
- Martin, Jeffrey L - WBS06
- McCormick, Dionté C - WB009
- Mellinger, David S - LC012
- Mullally, Michelle K - DR006
- Murabito, Vince F - WBS06
- Pargament, Jeffrey J - GB007
- Payne, Derek M - BAS01
- Peters, Christopher W - DR007
- Ross, Dante - CYS02
- Rubley, Kirk - SL015
- Smallwood, Terry - GB007
- Snyder, Dominick M - CR014
- Starling, Robert L - LC014
- Turner, Gregory L - CRS01
- Vroom, Arthur L Jr - SL011
- Weiss, Richard - CRS07
- Williams, Harry P - GB007
- Williams, Tyree G Sr - RDS05
- Zentner, John P - WB017

HONOR SCORE CENTERS

(this issue, based on listed scores)



YOUTH

300 Game

- Bock, Donald B III - BRS04

you spared will very quickly show a pattern develop. You will know how often you miss the headpin and what spares you miss the most. Then go practice those spares.

This is a great time of the year to do this. More lanes are open in the summer, so you can ask your center if there are any summer discounts. Some centers sell cards of 20 or more games for a discounted price.

Here is another trick to extend your practice dollar. Shoot at those pesky spares you're having problems with on your first ball. Then throw your strike ball second.

This in effect doubles your shots for the same money. Getting strikes with the first ball only gets you less shots.

If you want to see if you are improving, shoot your last game of the session for score.

Q. *My tendency is to squeeze the ball to hang on. I know I should not do this, but the ball feels like I am going to drop it. What do I need to do to stop this problem?*

A. Squeezing the ball to hang on causes many problems in the game of bowling: loss of accuracy due to an inconsistent release point, loss of carry, and the under-/overreaction are just a few.

First, go see your pro shop and make sure your fit is still proper. The hand goes through changes over time, so something might have changed. Make sure the span is still correct and the thumb hole is not too loose.

If you have never used tape in the thumb hole, ask your drilling professional to teach you the art of taping the thumb hole to keep up with the natural changes in the

[See KORTH, page 21](#)

2013-2014 Triple Crown Award winners

The following bowlers had the high game, high series, and high average in their 2013-2014 league and thus qualified for NCAUSBCA's Triple Crown Award:

ADULT	GM	SER	AVG	LEAGUE / CENTER
Gary Bates Sr.	290	754	220	Inez's Golden Keglers / WA
Gary Bates Sr.	300	805	222	Saints Mixed / WA
Andy Blazejewski.....	300	814	221	Wednesday Night Rejects / FC
Michelle Booth.....	278	717	202	Wednesday Night Rejects / FC
Brian Brewer	299	759	224	Friday Night Memorial / WB
Judy Brewer.....	233	560	158	Friday Night Memorial / WB
Sheila Cephas	246	625	186	Sunday Doubles / WB
Patrick Dadisman Sr. .	300	766	226	Linda Bowen Memorial / GB
Gina D'Amore	227	576	164	Metro Mixed / LA
Albert Davis	279	707	197	Belvoir Tues. Night Mixed / BE
Joyce Dawson	288	737	197	Belvoir Tues. Night Mixed / BE
Kathryn Dominguez ..	208	517	142	Sunday Six Pack / FC
Helen Dorsey.....	241	590	170	Andrews Retirees Mixed / BA
Brian Dozier.....	286	745	197	Wednesday Night Mixed / AX
Lauren Duda	298	768	208	ISMB / BU
Diego Espejo	279	735	207	Andrews Retirees Mixed / BA
Wendy Gower	256	667	182	Thursday Night Mixed / MQ
Kenny Gregory Jr.	270	708	200	Ball + Chain / FC
Kenny Gregory Jr.	300	759	206	Wednesday Nite Owls
Johnny Gutridge Jr. .	289	765	218	Tuesday Night Mixed / DC
Andrew Hile	300	825	237	Stan Soaper Men's Comm. / SL
Malika Jackson-Smith	279	664	188	Thursday Postal / PK
Diane Jones	234	571	166	Generation Gap / FC
Brandi Keller	196	454	133	SMACK I / AX
William Koster	297	761	213	PG Tuesday Night Mixed / CR
Kathy Kulaga	210	546	155	White House / MY
Michael Marsico.....	300	826	243	Friday Early Mixed / LC
Billy Ed Melvin	278	704	190	Metro Mixed / LA
Dee Middle	230	654	169	Lucky Loafers / FC
Kristina Milam.....	300	781	210	Saturday Sociables / WA
Sue Owen.....	210	511	150	Summer Adult Youth / FC
Shanell Overton	258	661	192	Thursday Nite Mixed / MY
Bonnie Pancoast	242	674	180	Wednesday Nite Owls / FC
Chia Richardson.....	245	652	184	Strikes & Spares / CV
Chris Russell.....	246	681	188	Saints Mixed / WA
Andrea Sharp	263	681	196	Tuesday Nights / MQ
Julie Sirota	245	682	186	Saturday Get Together / MA
Tiffany D. Smith	265	670	180	Late Nite Mixers / WA
Sherry Spause.....	300	718	204	Monday Doubles / ME
Terry Smallwood.....	296	776	214	Twi-Nite Mixed / GB
Daniel Stricker	279	720	204	SMACK I / AX
Andrew Sullivan.....	299	765	192	Tuesday Early Mixed / MA
Curtis Sullivan Jr.....	290	791	205	Sunday Night Mixed / MA
Paula Sutphin	289	740	202	Friday Early Mixed / LC
Tricia Wallace.....	278	754	206	Monday Early Mixed / WB
Bonnie Wiley	260	681	194	Falls Church Commercial / FC
Bonnie Wiley	258	688	191	First Niters / FC

[See TRIPLE CROWN, page 14](#)

Calendar of Events

AUGUST

3 – NCAUSBCA Board Meeting at association office.

SEPTEMBER

13-14 – Virginia State USBC Fall Workshop Meeting in Harrisonburg.
27-28, Oct. 4-5, 11-12, 18-19,
Nov. 1-2, 8-9 – [Virginia State USBC 2014 Senior Tournament](#) at AMF Hilltop Lanes, Roanoke, Va.

OCTOBER

4 – NCAUSBCA 50th Annual Hall of Fame Induction & Dinner Celebration in the Capital Ballroom at the Bolling Air Force Base Officers Club, Washington, D.C.
25-26, November 1-2 – [NCAUSBCA 33rd Annual Senior Tournament](#) at Bowl America Woodbridge.

DECEMBER

6-7 – NCAUSBCA 5th Annual Mixed Tournament in Support of BVL at Bowl America Shirley.

[LEWIS, from page 16](#)

opposing team or someone observing will call out the situation as a violation.

USBC suggests in its “Frequently Asked Questions” that a bowler must be given the opportunity to remove a ball in violation of the specification from competition so that it may be corrected. The penalty for using a ball knowingly in violation of the new specification is forfeiture of scores.

This is a headache that can be averted in many situations if the message is given to bowlers prior to starting their leagues.

Hall of Famer Jim Lewis, who serves on the NCAUSBCA board of directors, is lead ball drilling technician and manager of the Sports Plus/Carmen Don Pro Shop in Alexandria, Va.

Tournament Roundup

PBA Pure-It Pro Shop East Open, Lebanon, Pa. (*Ryan Shafer, Horseheads, N.Y., \$2,500*) – 7, Billy Asbury, Odenton, Md., \$700.

PBA50 Pro Bowl West Fort Wayne (Ind.) Classic (*Pete Weber, St. Ann, Mo., \$7,500*) – Round of 24, Ross McDonald, Clarksville, Md., \$1,000.

PBA50 Sparetimes Hampton Open, Hampton, Va. (*Gary Shultis, Levittown, N.Y., \$1,600*) – 5, David Kneas, Annapolis, Md., \$600; 11, Richard Lyles, Poolesville, Md., \$500; 21, Ross McDonald (super senior), \$250.

PBA50 Cecil Raymond Memorial, Cherry Hill, N.J. (*Jay Boyle, Garnet Valley, Pa., \$1,500*) – 7, Terry Wiley, Vienna, Va., \$600; 8, Lee Brosius, Ashburn, Va., \$600; 15, David Kneas, Annapolis, Md., \$525.

PBA50 Winston Salem Open, Winston Salem, N.C. (*Jeff Schrum, Cherryville, N.C., \$1,500*) – 3, Terry Wiley, \$1,000; 4, Lee Brosius, \$800; 14, Thad Rand, Rapidan, Va., \$520.

PBA (The Lanes) Fort Meade East Challenge (Steven Arehart, Chesapeake, Va., \$1,500) – 4, Billy Asbury, \$700; 6, [Joseph Tremper](#) (guest), Laurel, Md., \$550; 23, Ross McDonald, \$200.

PBA Colony Park Lanes Challenge, York, Pa. (*Louis Gaudio, Morganville, N.J., \$2,000*) – 12, Rich Wilburn Jr. (guest), Adamstown, Md., \$450; 13, Billy Asbury, \$450.

PBA Lightning Lanes Challenge, Marion, N.C. (*Kamron Doyle [guest], Brentwood, Tenn., \$1,500 [scholarship]*) – 11, Michael Stocks, Leesburg, Va., \$525.

PBA Rocky Mount South Open, Rocky Mount, N.C. (*Dick Allen, Columbia, S.C., \$2,500*) – 49, Terry Smallwood, Rockville, Md. (senior), \$250.

Virginia State Pepsi USBC Youth Championships in Mechanicsville (GIRLS) – Under 20: 2, Adriana Sheck, BA Gaithersburg, \$350 (scholarship); 3, Vanessa Medina, Village Lanes, \$295; 5, Melissa Ortega, BA Woodbridge, \$215. ... **Under 15:** 1, [Amara Speights](#), BA Woodbridge, \$400; 2, Mya Hamlett, Crofton, \$335; 3, Brianna Jordan, BA Falls Church, \$290. ... **Under 12:** 4, Heather Robinson, BA Chantilly, \$220. ... **Under 10:** 3, Brianna Cooper, Ft Belvoir, \$205; 4, Jayda Gordon, BA Gaithersburg, \$175. ... **Under 8:** 1, Adriana Albritton, Ft Belvoir, \$240; 2, Brooke Bevenour, BA Woodbridge, \$185; 3, Janiyah Hightower, AMF Marlow Heights, \$150. ... **(BOYS) – Under 20:** 2, Michael Simpson, BA Manassas, \$350; 3, Daniel Edwards, BA Manassas, \$295; 4, Jarrett DeFalco, BA Manassas, \$250; 5, Brandon Driver, BA Woodbridge, \$215; 7, Conner Kolessides, BA Manassas, \$165. ... **Under 15:** 1, Joey Hansen, BA Woodbridge, \$400; 2, Matthew Ritchie, BA Dranesville, \$335; 3, Richard Brown III, AMF Waldorf, \$290; 4, Jimmy Dunseath, BA Manassas, \$250; 8, Quincy Johnson, AMF Capital Plaza, \$145; 9, Kyle Beavers, Lord Calvert, \$130. ... **Under 12:** 1, Anthony Daniels II, BA Woodbridge, \$350. ... **Under 10:** 1, Aydan King, AMF Waldorf, \$275; 2, John Banfield, Ft. Meade, \$235; 3, Mitchell Mortensen, BA Chantilly, \$205; 4, Arron Connick, AMF Waldorf, \$175; 5, Kamar Farlow, AMF Capital Plaza, \$150. ... **Under 8:** 1, Chance McLane, Lord Calvert, \$240; 3, Zachary Miskell, AMF Waldorf, \$150.

KORTH, from page 19

size of your thumb. Any one or all of these things can give you the feel of dropping the ball.

If after these things are checked, your fit is fine, you are then just trying to control your hold of the ball. This is not a good thing. You are then subject to all of the symptoms of a bad fit.

I think all of us bowlers squeeze the ball sometimes, especially when we are trying too hard to make a good shot. My trick for this is to set up and squeeze the ball purposely before beginning my approach. Do a hard squeeze, then relax and begin your approach. Most of the time, doing this keeps you from squeezing the ball during your approach. Your accuracy and pin carry will go up.

Q. *What do you do to get ready for the new season?*

A. First, I hope you didn't quit all summer. I bowl in one summer league just to keep some rhythm. Then I go to the pro shop and check my equipment, have them clean it up and resurface if needed. I have them check my arsenal to make sure I have all my bases covered for the upcoming season and get a new ball if I need one to fill out my arsenal.

Then I start practicing at least once a week. Twice a week is better to regain muscle memory and also to regain confidence in my timing. This helps especially with shooting spares.

You don't have to spend hours at this practice. If your league is three games, bowl three games. If it is four games, do four games. This gets you back in your normal bowling mode.

Ask Bob a question

www.ncausbca.org

2014-2015 CARA league listings

League of Women Bowlers at Potomac Lanes ... Sundays, 4:30 p.m. ... Women only, 3-person teams, 8 teams ... League meeting: August 10, 4:30 p.m. ... Season begins: August 17 ... Season ends: March 22, 2015 ... Contact: Julia at jj3394@aim.com

Metro Rollers at Potomac Lanes ... Sundays, 5 p.m. ... Mixed teams, 2-person teams/10 teams ... League meeting: August (exact date TBD) ... Begins September 7, ends April 2015 ... Contact: Stephanie at smoniow@aol.com

CARA Sunday Night Mixed at Bowl America Shirley ... Sundays, 6 p.m. ... Mixed teams, 4-person teams/16 teams ... League meeting: September 7 at 5 p.m. ... Begins September 7, ends May 2015 ... Contact: Walt at wreichenbachjr@cox.net

Ten-Pin Pride at AMF Annandale Lanes ... Mondays, 8 p.m. ... Mixed 4-person teams, /14 teams ... League meeting: August 25 at 8 p.m. ... Only 15 weeks (September 8 to December 22) ... Contact: Jay at tpp.secretary@gmail.com

Capitol Area Match Point at Bowl America Falls Church ... Tuesdays, 7:30 p.m. ... Mixed 3-person teams/13 teams ... Match point format (in addition to teams bowling each other, each bowler bowls in direct competition with a bowler on the opposite team) ... League meeting: September 2 at 7 p.m. ... Season: September 2 to April 28, 2015 ... Contact: Jeff at campbowling@gmail.com

Centreville Pride at Bowl America Chantilly ... Tuesdays, 8 p.m. ... Mixed 3-person teams/12 teams ... League meeting: August 26 at 8 p.m. ... September 2 to April 7, 2015 ... Contact: Patrick at cvprideseecretary@gmail.com

Pride of Alexandria at AMF Annandale Lanes ... Wednesdays, 8 p.m. ... Mixed 4-person teams, 34 teams ... League meeting: August 27 at 7 p.m. ... September 3 to April 29, 2015 ... Contact: Kim at prideofalexandria@gmail.com

We Are Everywhere at AMF Annandale Lanes ... Thursdays, 7:45 p.m. ... Mixed 2-person teams, 10 teams ... League meeting: September 4 at 7 p.m. ... September 4 to May 2015 ... Contact: Steve at arl.drummer@verizon.net

Free State Mixed at Bethesda Naval Bowling Center (on the Metro Red Line!) ... Fridays, 8 p.m. ... Mixed 4-person teams, 10 teams ... League meeting: August 22 at 7 p.m. ... September 5 to May 2015 ... Contact: Mike at mbogumill@hotmail.com

The Capital Area Rainbowlers Association leagues listed above are gay-friendly and open to all.

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140 S. Maple Avenue
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9000 Mathis Avenue
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Bowl America Shirley..... (703) 354-3300
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